

The Paediatric Occupational Therapy Service offers a service to children 0-19years (in full-time schooling) that live in the Renfrewshire Community Health Partnership (CHP) and Inverclyde Community Health and Care Partnership (CHCP) catchment area.

Our team consists of 12 members of staff including Occupational Therapists, Occupational Therapy Technicians and administration support staff. We are based within the hospital sites however see children and their families in their homes, schools and clinic settings.

We operate an open referral system and have a comprehensive referral package. If you wish to discuss further please contact us at the following locations

Contact Details

**Renfrewshire Teams
Paediatric OT Service
Level 3
Royal Alexandra Hospital
Corsebar road
PAISLEY
PA2 9PN
Tel: 0141 314 7486**

**Inverclyde Team
Skylark Centre
L North
Inverclyde Royal Hospital
Larkfield Road
GREENOCK
PA16 OXN
Tel: 01475 504630**

Renfrewshire and Inverclyde Paediatric Occupational Therapy Service

Information for Parents

What does a Paediatric Occupational Therapist (OT) do?

Paediatric Occupational Therapy aims to develop the child's potential to be as independent as possible in their daily occupation and function. The child's occupation is their play and leisure, their schoolwork and their ability to care for themselves at the age they should eg. learning to dress self, use cutlery, clean self after going to the toilet.



Children learn through gross movements using their hands, developing perceptual skills, observation of different situations around them and their interaction with others. When these skills are restricted by a physical difficulty their ability to explore and develop may be limited.

A Paediatric Occupational Therapist will assess using standardised and/or non-standardised assessment in the following areas

- Seating and positioning—to improve function for activities such as feeding and play
- Hand function—manipulation for daily tasks and play, eye-hand co-ordination, writing and drawing
- Motor development—gross, fine and perceptual motor abilities
- Cognitive/visual perceptual development—spatial awareness, problem solving and motor planning.
- Play—use of toys and accessing leisure activities
- Activities of Daily Living—such as feeding, toileting, dressing and bathing



Following assessment, the OT will discuss your child's outcomes with yourself and your child. If any intervention is required, this will be discussed with you and your child and goals will be set. Intervention will be provided when required and may take the form of

- Recommendation for a piece of equipment to support your child's development and how this can be accessed.
- Suggest strategies to adopt at home and/or school
- Provide a block of one-to-one or group sessions.