

**Alzheimer Scotland
Inverclyde**

Support and information
for people with dementia,
their carers and families.

 01475 261100

24 hour Freephone
Dementia Helpline:

 0808 808 3000

 www.alzscot.org

**Inverclyde Carers
Centre**

Support for you if you are
looking after someone
who is your family, friend
or neighbour.

 01475 735180

 [www.
inverclydecarerscentre.
org.uk](http://www.inverclydecarerscentre.org.uk)

Access 1st

Is a single contact number
if you are looking to
access any type of adult
Health and Social Care
support.

 01475 714646

 [access1st@inverclyde.
gov.uk](mailto:access1st@inverclyde.gov.uk)

**Technology Enabled
Care**

Alarms with linked
sensors, to support you to
stay safe and independent
at home.

 01475 714646

 [access1st@inverclyde.
gov.uk](mailto:access1st@inverclyde.gov.uk)

**Inverclyde Centre for
Independent Living**



Live safely and
independently at home.
Equipment, adaptations
and physical
rehabilitation services.

 01475 714646

 [access1st@inverclyde.
gov.uk](mailto:access1st@inverclyde.gov.uk)

**Inverclyde Dementia
Reference Group**

For people living with
dementia and their carers
to share stories, ideas and
help identify areas for
improvement.

 Your Voice:
01475 728628
 Alzheimer Scotland:
01475 261100

If you are worried about your dementia or feel it is getting worse call your GP

My local contact is:

For more information
www.nhsinform.scot

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Inverclyde Advice Services

Services that will help you with welfare rights, benefits and money advice.

 01475 715 299

 Triage.Advice@inverclyde.gov.uk

Power of Attorney

Services that can help you plan for your future.

Circles Network Advocacy
 01475 730797

 info.inverclyde@circlesnetwork.org.uk

Inverclyde Council
 www.inverclyde.gov.uk

Looking for local services?

Inverclyde Life is a directory of local services for example health and wellbeing services and groups of people sharing a hobby.

 www.inverclydelife.com

Looking to talk to someone about local services?

Community Link Worker
Call your GP Practice or
 01475 711733
 admin@cvsinverclyde.org.uk

Your Voice Community Connectors
 01475 728628
 enquiries@yourvoice.org.uk

**Dementia Friendly
Inverclyde**

**Support
and services
for you**