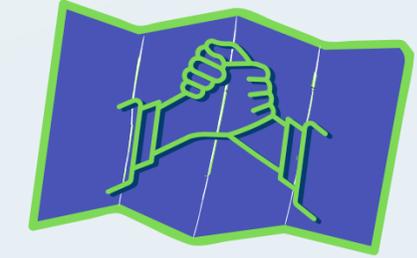


Inverclyde Warm Spaces & Activities Map

Inverkip, Gourock, Branchton, Greenock West



Inverkip SWI

Crawford Memorial Hall
Langhouse Road, Inverkip

Monthly Branch Meetings Mondays 2pm

Visitors can come along and pay £3.00 and enjoy fellowship, coffee, tea and biscuits

Inverkip Hub

01475 520 740

info@inverkiphub.org.uk

2 Kip Park, Main Street Inverkip

A huge variety of activities on offer - from walking football to a knit-and-natter, get in touch for more info

Inverclyde Vineyard

www.inverclydevineyard.org.uk

Coppermine Community Centre, Kirn Drive, Gourock (opposite St Ninian's PS)

Sunday Morning Service - Sundays
10:30-11:30am

Cafe - Sundays (apart from last Sunday of the month) from 10:15am - free hot drinks, pastries and fruit

New people from all backgrounds and families with children all most welcome

Silverline Dancers

07507 514 118

kath.bowes@gmail.com

Over 60s Line-Dance Group - promoting physical and mental health and well-being, combat social isolation in a fun and friendly environment

Branchton Community Centre

01475 638 481

branchtonmanager@gmail.com

Branchton Rd, Greenock PA16 0XU

Over 55's Exercise and Movement Class -
Thursday 11:45-12:30pm

Branchton Centre Youth - Mon & Wed,
6:00pm-7:30pm (8-11 years)/ 7:45pm-9:30pm (12+years)

Westburn Church

01475 720 257

9 Nelson Street, Greenock, PA15 1TP

Messy Church - Second Saturday of the month, 4pm-6pm - crafts, games, stories and singing

Refreshments throughout, finished off with a chat and a meal together

All very welcome!

Guides, Brownies, Cubs, and Scouts - get in touch for more info on these groups

Ardgowan Square Evangelical Church

info@ardgowanchurch.org.uk

25 Ardgowan Square, Greenock, PA16 8NH

After School Kids Craft Club

Wednesdays from 3pm, teas & coffees for accompanying adults

Hope Community Church

01475 787177

office@hopeinverclyde.com

44 Kelly St, Greenock, PA16 8TR

Hope Tots - Mondays 10am-12pm (excluding bank and public holidays)
Baby & Toddler Group - a range of toys and activities suitable for babies and pre-school children in a safe, warm environment

Move It or Lose It

07811 766672

fiona.bretherton@moveitorloseit.co.uk
9 Nelson Street, Greenock, PA15 1TP

Easy-to-follow exercises for over 60s, seated or standing. Flexibility, Aerobic Health, Balance and Strength (FABS) Exercises, with music to spark memories!

Lyle Gateway

01475 722694

office@lylekirk.org

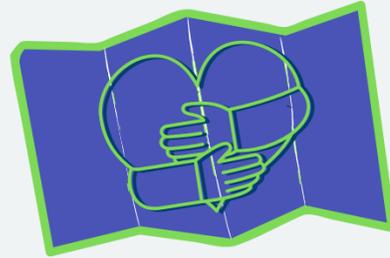
31 Union St, Greenock, PA16 8DD

Light Exercise - Tues & Thurs 10:30am-1:30pm, Chair Exercises, Curling, Short Mat Bowls, Table Tennis,
Games - Scrabble, cards or Bridge
Book Club - first Tues of the month, 10:30am

Cafe - tea/coffee, juice, biscuits, soup, toasties and filled rolls

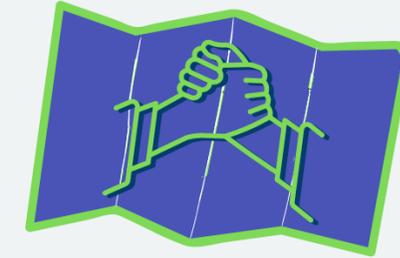
Soup, Blether & A Film - TBC
Everyone welcome!





Inverclyde Warm Spaces & Activities Map

Greenock West and Central



Greenock iYouth Zone

01475 715422

34 Nicolson St, Greenock, PA15 1UL

Monday - LGBT Group: 5-6pm
Drop-In (12-17 years): 7-9:30pm

Tuesday - WorX Club: 2-3:30pm
Youth Council: 4:30-6pm
Drop-In (16 years+): 7-9:30pm

Thursday - Steering Group Meeting:
6pm-7pm (last Thurs of the month)
Drop-In (12-17 years): 7-9:30pm

Friday: Drop-In (P7s): 7-9pm

Barnardo's

01475 783317

supportrelations@barnardos.org.uk
81 W Blackhall St, Greenock, PA15 1XP

Warm space at Nurture Service for families who currently use Barnardo's services

Struthers Memorial Church

01475 729 668

smc@struthers-church.org
10a Jamaica St, Greenock

New Dawn Bookshop Coffee Shop, open
Tues-Sat 10am-4:30pm

Your Voice

01475 728628

enquiries@yourvce.org.uk
12 Clyde Square, Greenock, PA15 1NB

Activities on most days of the week

Best Friends Group - ladies' group - tea, coffee, chats and crafty activities, get in touch for more info

Greenock Friendship Club

07591 030 805

jimmymacjimmyuk@yahoo.co.uk
42 Regent St, Greenock, PA15 4PL

45+ Social Evening - Wednesdays 8pm-11pm, at Greenock Morton Supporters Club (address above). Dancing, bingo, raffles, live music theme and party nights, singles and couples most welcome

Friends 4 Ever

01475 715 800

allybally1971@gmail.com
110 Lynedoch Street, Greenock, PA15 4AH

Fridays 6:30pm-9:30pm Social club for kids and young adults with a range of disabilities. Make friends and try new activities, run by parents and carers - who can stay and have a cuppa and a chat

Wellpark Mid-Kirk

01475 721 147

info@wellparkmidkirk.com
6 Cathcart Square, Greenock, PA15 1LS

Messy Church - Third Saturday of the month, 4pm-6pm - crafts, games, stories and singing
Refreshments throughout, finished off with a chat and a meal together
All very welcome!

Broomhill Hub

Broomhill Gardens & Community Hub
01475 553 570

info@broomhillhub.org.uk
46 Mearns Street, Greenock, PA15 4QD

Activities on most days of the week

Energy Activators Thursdays 12:30-2:30
- free info and advice on managing your energy bills

Wellbeing Workshop and Treble C Cafe
Mondays 1-3pm - drop in for a chat in a safe space

Greenock East United Reformed Church

01475 648 486

revsusanhenderson@urcinverclyde.org
Barnard Court Mission, East Hamilton Street, Greenock

A Warm Welcome - Wednesdays 3pm-5.30pm, Soup & Bread, teas & coffees. Open to all from the end of the school October Holidays until the school Easter Holidays

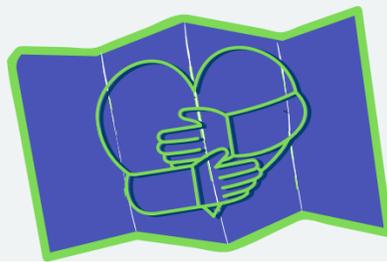
St Laurence's RC Church

01475 720 760

stlaurence@rcdop.org.uk
6 Kilmacolm Road, Greenock, PA15 4XP

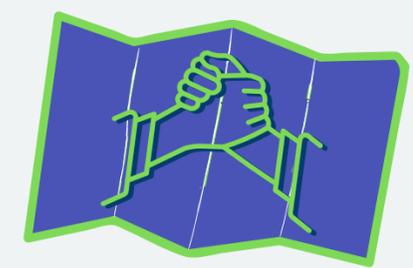
Parish Quiz Nights & Afternoon Teas - no regular dates, but posted to Facebook





Inverclyde Warm Spaces & Activities Map

Greenock East, Port Glasgow and Kilmacolm



Auchmountain Community Resource Centre

01475 791818

32 Burnhead Rd Greenock, PA15 3LG

Monday - Parent&Toddlers 1:15-2:45pm
Driving Theory 6-8pm
CSCS Construction 6-8pm

Tuesday - Job Skills 10am-12noon
Over 50s Salsa-cise 1-2pm

Wednesday - Glenbrae NurseryBookBug 10-10:45am
Basic Computing 1-3pm
Health&Fitness 1:15-2:15pm
Active Lifestyles (Swimming & Walking) 2:30-3:30pm
FBS Fitness Class 6-6:30pm
Basic Spanish 7-9pm

Thursday - Kettlebells 10:30-11:30am
Basic Computing 1-3pm
Over 50s Salsa-cise 1-2pm

Greenock Baptist Church

01475 713 728

www.greenockbaptisit.org/contact
St Andrew St, Greenock, PA15 1HG

Musical Minds - Last Monday of the month 10:30am-12noon, cuppa on arrival.
For more info, contact Alison Paul at Alzheimer Scotland 07769 366 288 or Mary (GCAS) 07939 846 717

Craigend Resource Centre

01475 786729

craigend@talk21.com

McLeod St, Greenock, PA15 2HD

Open Monday to Friday 8am-4pm

Cafe and Salad Bar - home-made meals at affordable prices (e.g. Chicken Curry Wednesdays with rice or chips - £2.40 to takeaway)

Laundry Services - please call to book a 1hr time slot

The Trust

01475 533 300

info@thetrust.org.uk

Port Glasgow Office: 7 1/2 John Wood Street, Port Glasgow PA14 5HU

Brew Buddies - Fortnightly befriending get-together
Tuesdays - 4/10, 18/10, 1/11, 15/11, 29/11, 13/12

Port Glasgow United Reformed Church

01475 648 486

revsusanhenderson@urcinverclyde.org
PG United Reformed Church, Brown Street, Port Glasgow.

Church Angels Foodbank - Tues & Thurs 10am-12noon.

Wee Blether Cafe - tea, coffee and a blether, free of charge, all welcome

Port Salvation Army

01475 745 369

pgsa@outlook.com

19 King Street, Port Glasgow PA14 5JA

Sunday Meeting - 10:30am followed by refreshments

Toddler Group - Tuesdays 10am-12noon

Recovery Cafe - Tuesdays 1pm-3pm

Crochet Group - Wednesday 6pm

Songster (Choir) Practice - Wednesdays 7pm

Meet and Eat (Coffee Morning) - Thursdays 10-12

Informal Warm Space

Port Glasgow iYouth Zone

01475 715240

2-4 Dubbs Rd, Port Glasgow, PA14 5UD

Monday - Drop-In (3rd Year+): 7-9:30pm

Tuesday - Charm Group: 10am-12noon
Young Mums Group: 12noon-2pm
Youth Club/Drop-In (1st Year only): 7-9:30pm

Thursday: Adult Literacy Drop-In: 9:30am-1pm

Friday - Youth Club/Drop-In (2nd Year only): 7-9:30pm

Kilmacolm Community Centre

01505 873994

kilmacolm@inverclydeleisure.com
Cargill Centre, Lochwinnoch Road, Kilmacolm, PA13 4LE

Cafe, Library and lots of **Classes** to take part in throughout the week

Mon-Fri: 9am-10pm

Saturday: 9am-3pm

Sunday: Closed