



















Inverclyde Nursery Visual Lunch Menu 2022-2023

| <u>Week 1</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|--|---|--|--|--|
| Option 1 (Red) | Baked potato with cheese  | Roast Turkey with Yorkshire pudding  | Mince and Dough balls  | Chicken Fajitas  | Sausage Roll  |
| | Baked potato with tuna mayo  | | | | |
| Option 2 (Blue) | Tomato and basil pasta  | Quorn Burrito wrap(v)  | Quorn Dippers(v)  | Baked potato with cheese  | Baked potato with cheese  |
| | | | | Baked potato with tuna mayo  | Baked potato with tuna mayo  |
| Option 3 (Yellow) | Cheese Sandwich (v)  | Chicken Roll  | Cheese Sandwich (v)  | Chicken Sandwich  | Cheese Roll (v)  |



















*Pictures are for illustrative purposes only, appearance may differ between schools, and vegetables/salad offered may vary.

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| <u>Week 2</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|---|---|---|--|---|
| Option 1 (Red) | Fish Fingers with Wedges  | Baked potato with cheese  Baked potato with tuna mayo  | Steak pie with mash potato  | Chicken Curry with rice  | Baked potato with cheese  Baked potato with tuna mayo  |
| | Roasted Vegetable pasta(v)  | Omelette(v)  | Vegetable Fingers(v)  | Baked potato with cheese  Baked potato with tuna mayo  | Macaroni Cheese(v)  |
| Option 3 (Yellow) | Cheese Sandwich (v)  | Chicken Roll  | Cheese Sandwich (v)  | Chicken Sandwich  | Cheese Roll (v)  |

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| <u>Week 3</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--|---|--|--|--|
| Option 1 (Red) | <p>Salmon Fishcake</p>  | <p>Breaded Chicken</p>  | <p>Pasta Bolognaise</p>  | <p>Turkey Meatballs</p>  | <p>Baked potato with cheese</p>  <p>Baked potato with tuna mayo</p>  |
| | <p>Quorn Dippers(v)</p>  | <p>Cajun Pasta</p>  | <p>Baked potato with cheese</p>  <p>Baked potato with tuna mayo</p>  | <p>Baked potato with cheese</p>  <p>Baked potato with tuna mayo</p>  | <p>Fish and mash potato</p>  |
| Option 3 (Yellow) | <p>Cheese Sandwich (v)</p>  | <p>Chicken Roll</p>  | <p>Cheese Sandwich (v)</p>  | <p>Chicken Sandwich</p>  | <p>Cheese Roll (v)</p>  |