

Inverclyde Warm Hand of Friendship Small Grants

Organisation	Activity and Times	Contact for more information
<p>Kilmacolm Primary School Parent Partnership Group</p>	<p>A child led enterprise initiative underpinned by kindness, the children of KPS will curate and create ‘warm boxes’. This will include items that would support physical warmth and the children would also write a letter to include in each box. These letters providing warmth in a less literal form, however often even more impactful.</p> <p>Project start - 25/10/22- Children to create and curate warm boxes + write letters or pictures for infant children</p> <p>Nov-Dec 2022 Distribution of warm boxes before the colder weather sets in.</p>	<p>Email: kpparentpartnership@outlook.com</p> <p>Facebook: Kilmacolm Primary School Parent Partnership</p> <p>Twitter: @KPS_Partnership</p>
<p>32nd Greenock Scouts</p>	<p>The 32nd Greenock Scouts will open their premises for young people in the area starting with an extra evening per week. The grant will be used to bring in first aid trainers and supply board games and snacks (and heating costs).</p> <p>Monday and Friday evenings, November 2022 – March 2023</p>	<p>Email: group@32ndscouts.org.uk</p> <p>Facebook: 32nd Greenock Scouts</p>
<p>1st Gourock Scouts</p>	<p>The 1st Gourock Scouts will provide additional activity for a mix of ages. Drop in café for all ages for soup, hot rolls, sandwiches, and a warm space through the Winter months. The final drop-in sessions of the month would feature Bingo or an afternoon movie using our cinema set up.</p> <p>Tuesdays and Thursdays November 2022-March 2023.</p>	<p>Email: gsl@1stgourockscouts.org.uk</p> <p>Facebook: 1st Gourock Scouts</p>

<p>Man On Inverclyde</p>	<p>'Heat and eat' from their wellbeing hub, located at 30 Nelson Street, Greenock. Provision of a safe, non-judgmental space for anyone in the community to come by between the hours of 9.30am-1.30pm for a warm space, something to eat and access to the added support of their wellbeing workers. Anyone attending will be encouraged to take the time to charge their mobiles/laptops if required and are welcome to stay as long as they want during the drop-in hours.</p> <p>November 2022 – March 2023 9:30am-1:30pm – Days to be agreed</p>	<p>Website: www.manoninverclyde.co.uk</p> <p>Email: support@manoninverclyde.com</p> <p>Facebook: Man On Inverclyde</p> <p>Twitter: Man On Inverclyde</p> <p>Instagram: Man On Inverclyde</p>
<p>Inverclyde Association for Mental Health</p>	<p>Warm Space for older people who are living alone, without family, perhaps being widowed, or new to the country/area in Broomhill Community Hub for a warm meal and some light activities, once a week.</p> <p>December 2022 – March 2023 - No days/times specified</p>	<p>Website: www.iamh.org.uk</p> <p>Email: info@iamh.org.uk</p> <p>Phone: 01475 729196</p>
<p>Inverkip Community Initiative</p>	<p>The Inverkip Community Hub Café are offering a free comfortable heated space with TV, Computer, and Wi-Fi internet access and will include teas, coffees/biscuits, and soup. Signpost users to other activities in the hub with information on other activities that will also help people stay in the Hub outwith the Café hours.</p> <p>14th November 2022 - March 2023 Monday 6-8pm Tuesdays 1-3pm & 6-8pm Wed 1-3pm</p>	<p>Website: www.inverkiphub.org.uk</p> <p>Email: info@inverkiphub.org.uk</p> <p>Phone: 01475 520740</p>
<p>Inverclyde Community Development Trust</p>	<p>Creating social spaces for people to attend to take part in activities, socialise and get warm from one of our buildings either Westburn Building in Greenock and the John Wood Street office in Port Glasgow.</p> <p>Various activities such as books, games and social opportunities to encourage friendships and use of the spaces as a place for gathering.</p>	<p>Website: www.the-trust.org.uk</p> <p>Email: info@the-trust.org.uk</p> <p>Phone: 01475 553300</p> <p>Facebook: Inverclyde Community Trust</p> <p>Twitter: Inverclyde Community Trust</p> <p>Instagram: Inverclyde Community Trust</p>

	<p>November 2022 – March 2023 Monday and Friday weekly, Tuesdays (biweekly) in Port Glasgow and Thursdays in Greenock</p>	
Westburn Parish Church	<p>A warm area from 11am to 2pm every Wednesday with free tea and coffee and warm soup from 12pm to 1.30pm.</p> <p>People can meet for a chat in a warm environment where all are welcome.</p> <p>November 2022 – March 2023 Every Wednesday</p>	<p>Website: www.greenockwestburn.org.uk Email: churchofficer@greenockwestburn.org.uk Phone: 01475 720257 Facebook: Westburn Parish Church</p>
Gourock Park Bowling Club	<p>A warm friendly environment for senior citizens and those in need of support and companionship. To open on various days throughout the week for teas, soup and snacks to the local community. Offer bingo, videos and for the adventurous, crazy golf and table games. The activity will be supported by volunteers from their membership.</p> <p>November 2022 – March 2023 Days to be clarified – Contact Gourock Park Bowling Club</p>	<p>Email: gourockbc@yahoo.co.uk Phone: 01475 632230 Facebook: Gourock Bowling Club</p>
Auchmountain Hall	<p>Warm boxes for the East End of Greenock community made up to suit each individual or family's need. Expand the current clothing bank and offer user a free hot drink and roll.</p> <p>November 2022- March 2023 No days/times specified – Contact Auchmountain Hall</p>	<p>Email: auchmountaincentre@hotmail.co.uk Phone: 01475 791588 Facebook: Auchmountain Resource Centre</p>
Financial Fitness	<p>Activities: Financial Fitness are already seeing a marked increase in enquiries from Inverclyde residents affected by the ongoing energy situation and general cost of living crisis. To increase their capacity to support local people, Financial Fitness are providing an additional telephone triage service to allow said individuals to receive telephone advice as quickly as possible. They will double</p>	<p>Phone: 01475 729239</p> <p>Email: finfitteam@yahoo.co.uk</p> <p>Website: https://financial-fitness.uk/</p>

	<p>the triage support to 2 days per week, which will enable them to provide 20 additional days-worth of advice and support for Inverclyde residents worried about the current energy and cost-of-living situation. This would result in 150 new clients receiving telephone triage advice over the period of the grant, enabling them to receive approximately £50,000 worth of financial outcomes due to telephone triage advice (via successful welfare benefit claims)</p> <p>Times: Doubling the triage support to 2 days per week over the period 1st November 2022- 31st March 2023</p>	
<p>Greenock Torpedo Factory Club</p>	<p>Activities: This group will open their club to provide soup, snacks, and warm drinks to the local community. The club is based centrally between Riverside Gardens, the senior citizens flats (warden controlled) and Eastern View which has a majority of older folks, senior citizens, and single occupancy flats. They are keen to provide a warm, friendly, welcoming environment for senior citizens and those in particular need of support and companionship. They will offer a range of activities and interests such as bingo, quizzes, children’s visits, films, talks and for the more active - snooker and table games. They will also provide “soup and a blether” sessions.</p> <p>Times: November/December 2022- March 2023</p>	<p>Phone: 01475 631035 Website: https://www.facebook.com/GreenockTorpedoFactoryClub/about</p>

<p>Clune park resource Centre</p>	<p>Activities: The group will provide a warm bowl of soup and a blether to the participants in their parent & toddler groups, offering them a warm space to socialize and have something to eat. The older people using the centre would also be welcome. The group are also going to offer warm boxes to the older people and lone parents who attend the centre.</p> <p>Times: Until March 2023 Twice a week for a few hours</p>	<p>Phone: N/A Email: N/A Website: https://www.facebook.com/rmcaulay2</p>
<p>Branchton Community Centre</p>	<p>Activities: Branchton Community Centre will open the Centre at times not currently being offered and provide activities and food to help people who may be looking for a warm place to go and who may be looking for some food and provisions to help their family. The additional hours will be Tuesdays and Thursdays – 3pm to 9pm</p> <p>On all of those days we are planning to provide dinners at a reduced rate or possibly for free. We will also provide a range of activities and classes including;</p> <ul style="list-style-type: none"> • Cookery classes • Money advice • IT training • Family activities (arts, crafts etc) • Sports (Keep fit, table tennis etc) 	<p>Phone: 01475 638481 Email: branchtonmanager@gmail.com Website: https://www.facebook.com/BranchtonCC</p>

	<ul style="list-style-type: none"> • We will also extend the opening hours of our shop which offers free Fareshare food alongside heavily discounted household items. <p>Times: 21st November 2022- 31st March 2023 Tuesdays and Thursdays – 3pm to 9pm</p>	
Beacon Arts Centre (Greenock Arts Guild LTD)	<p>Activities: The Beacon Arts Centre would like to offer a Dance for Parkinson Scheme over Winter 2022, which is a programme that has been shown to alleviate some of the symptoms of Parkinson’s. Participants will come to the Beacon once a week for a facilitated dance session and a social café where warm drinks and simple refreshments will be offered. This provides time for socialisation and peer support and participants are welcomed to stay as long as they’d like to enjoy the warm and friendly atmosphere at the Beacon Arts Centre.</p> <p>Times: 22 Nov 2022 – 7 Feb 2023 1pm-3.30pm</p>	<p>Phone: 01475 723723</p> <p>Email: info@beaconartscentre.co.uk</p> <p>Website: https://www.beaconartscentre.co.uk/</p>
Home-Start Renfrewshire and Inverclyde	<p>Activities: Each of their current 6 groups for families that they support will have their times extended by 30 minutes and a meal will be provided, guaranteeing the parents attending these groups receive at least one hot meal that day. These groups run weekly. They will also offer to cover the travel costs for their service users if they are experiencing financial difficulties.</p> <p>Times: 01/12/2022 – 31/03/2023</p>	<p>Phone: 0141 889 5272/ 01475 603441</p> <p>Email: hello@hsri.org.uk</p> <p>Website: https://www.home-start.org.uk/home-start-renfrewshire-and-inverclyde-inverclyde-office</p> <p>Twitter: @homestart_hsri</p>

<p>I FiT Inverclyde Faith in Throughcare</p>	<p>Activities: - Warm Boxes including flasks, quilt cover, hot water bottle, scarfs, gloves, warm hat and where appropriate have an option to top up people’s electricity/gas meter in an emergency. - Cover Additional rent costs - Provide hot beverages and some food if a venue can be secured. If not, this money will go towards the first two activities</p> <p>Times: December 2022 – March 2023</p>	<p>Phone: N/A Email: robbie@ifit.scot Website: https://ifitinverclyde.wordpress.com/</p>
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