Wemyss Bay, Inverkip, Gourock, Branchton

Skelmorile and Wemyss Bay Church 07739901598 rita.carmichael@btinternet.com Shore Road, Skelmorlie, PA17 5DY

Friendship Circle - fortnightly from Tues 27th Sep, 2pm-4pm Everyone welcome for coffee, cake and a chat

Inverkip Church 01475 520 975 07899092492 bensonamber@yahoo.co.uk Inverkip Church Hall, Bonomy Room, Langhouse Road

Guild Meeting - first Monday of the month from October 3rd Rural Meeting - fourth Monday of the month Both welcoming everyone for a cuppa and participation in planned events, both meetings 2pm-4pm Drop in Cafe - Second and Third Mondays of the month 12-2pm, light lunch provided

Inverclyde

Inverkip Hub 01475 520 740 info@inverkiphub.org.uk 2 Kip Park, Main Street Inverkip

A huge variety of activities on offer from walking football to a knit-andnatter, get in touch for more info

Inverkip & Wemyss Bay Library 01475 715676 Inverkip Community Hub, Main Street, Inverkip

Mon & Thurs 12pm-7pm Tues & Fri 10am-5pm Wed & Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details

> **Inverkip SWI** Crawford Memorial Hall Langhouse Road, Inverkip

> Monthly Branch Meetings Mondays 2pm

Visitors can come along and pay £3.00 and enjoy fellowship, coffee, tea and biscuits

Bowl & Blether St John's GWGEngagementGroup@gmail. com Saint John's Road, Gourock PA19 1PA

First Monday of the month 11:30am-1:30pm St John's Church, Gourock Reduce social isolation and enjoy a warm space with delicious soup and toasties! All welcome, no cost, no membership fee

Gourock Library 01475 712340 Kempock Place, Gourock

Mon & Thurs 12pm-7pm Tues & Fri 10am-5pm Wed & Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details

Coppermine Community Centre 07984 992 178

1 Kirn Drive, Gourock, PA19 1EQ

Bowl & Blether - soup and a chat, Tuesdays 11:30am-1:30pm throughout the Winter

Memory Cafe - monthly 3pm. Church Music, dancing, activities, refreshments their carers

Wednesdays from 7th Sept, 1-Gourock Community Baptist Friendship & emotional support for people with memory loss &

www.inverclydevineyard.org.uk Coppermine Community Centre, Kirn Drive, Gourock (opposite St Ninian's PS)

Sunday Morning Service -Sundays 10:30-11:30am Cafe - Sundays (apart from last Sunday of the month) from 10:15am - free hot drinks, pastries and fruit New people from all backgrounds and families with children all most welcome





Home Instead Memory Cafe info@greenock.homeinstead.co. uk 4 King St, Gourock PA19 1PU

Inverclyde Vineyard



Silverline Dancers 07507 514 118 kath.bowes@gmail.com

Over 60s Line-Dance Group -

promoting physical and mental health and well-being, combat social isolation in a fun and friendly environment

Branchton Community Centre

01475 638 481 branchtonmanager@gmail.com Branchton Rd, Greenock PA16 OXU

Over 55's Exercise and Movement Class - Thursday 11:45-12:30pm

Branchton Centre Youth - Mon &

Wed, 6:00pm-7:30pm (8-11 years)/7:45pm-9:30pm (12+years)

St Margaret's Church (Finch Road)

tpeterson@churchofscotland.org .uk 67 Finch Rd, Greenock PA16 7DE

Bowl & Blether - second Saturday of the month, from 11:30am soup, tea/coffee, friendly chat. Soup served from 12:30-1:30pm

Greenock West and Central

South West Library 01475 715667 Barr's Cottage, Greenock

Mon & Thurs 12pm-7pm Tues & Fri 10am-5pm Wed & Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details

Westburn Church 01475 720 257 9 Nelson Street, Greenock, PA15 1TP

Messy Church - Second Saturday of the month, 4pm-6pm - crafts, games, stories and singing Refreshments throughout, finished off with a chat and a meal together All very welcome!

Guides, Brownies, Cubs, and **Scouts** - get in touch for more info on these groups

Lyle Gateway 01475 722694 office@lylekirk.org 31 Union St, Greenock, PA16 8DD

Light Exercise - Tues & Thurs 10:30am-1:30pm, Chair Exercises, Curling, Short Mat Bowls, Table Tennis. Games - Scrabble, cards or Bridge Book Club - first Tues of the month, 10:30am Cafe - tea/coffee, juice, biscuits, soup, toasties and filled rolls Soup, Blether & A Film - TBC Everyone welcome!

CVS Communities and the Voluntary Sector Inverclyde

Inverclyde

INVERCLYDE **Care Partnership**

Ardgowan Square Evangelical Church info@ardgowanchurch.org.uk

25 Ardgowan Square, Greenock, PA16 8NH

After School Kids Craft Club -Wednesdays from 3pm, teas & coffees for accompanying adults

Move It or Lose It 07811766672 fiona.bretherton@moveitorloseit.c o.uk 9 Nelson Street, Greenock, PA15 1TP

Easy-to-follow exercises for over 60s, seated or standing. Flexbility, Aerobic Health, Balance and Strength (FABS) Exercises, with music to spark memories!

The Trust - "Bookwarm" Westburn Centre, 175 Dalrymple St, Greenock, PA15 1JZ

Thursdays - Warm space with activities such as books, jigsaws, colouring, board games. Warm drinks and snacks provided Heat and Eat - Every Wednesday from 12/10/22 suits during these times for hot drinks, soup & sandwiches in a warm, friendly space. No need to sign up or have used our services before - everyone welcome!

9:30am-1:30pm. Pop by whenever

Greenock iYouth Zone 01475 715422 34 Nicolson St, Greenock, PA15 1UL

Monday - LGBT Group: 5-6pm Drop-In (12-17 years): 7-9:30pm

Tuesday - WorX Club: 2-3:30pm Youth Council: 4:30-6pm Drop-In (16 years+): 7-9:30pm



Man On Inverclyde 01475 910258 (Mon-Thurs) 30 Nelson Street, Greenock, PA15 10H

Thursday - Steering Group Meeting: 6pm-7pm (last Thurs of the month) Drop-In (12-17 years): 7-9:30pm

Friday: Drop-In (P7s): 7-9pm

Struthers Memorial Church 01475 729 668 smc@struthers-church.org 10a Jamaica St, Greenock

New Dawn Bookshop Coffee Shop, open Tues-Sat 10am-4:30pm

Hope Community Church 01475 787177 office@hopeinverclyde.com 44 Kelly St, Greenock, PA16 8TR

Hope Tots - Mondays 10am-12pm (excluding bank and public holidays) Baby & Toddler Group - a range of toys and activities suitable for babies and pre-school children in a safe, warm environment

Barnardo's

01475 783317 supportrelations@barnardos.org.uk 81 W Blackhall St, Greenock, PA15 1XP

Warm space at Nurture Service for families who currently use Barnardo's services

Greenock Friendship Club 07591 030 805 jimmymacjimmyuk@yahoo.co.uk 42 Regent St, Greenock, PA15 4PL

45+ Social Evening - Wednesdays 8pm-11pm, at Greenock Morton Supporters Club (address above). Dancing, bingo, raffles, live music theme and party nights, singles and couples most welcome

Your Voice 01475 728628 enquiries@yourvce.org.uk 12 Clyde Square, Greenock, PA15 1NB

Activities on most days of the week

Best Friends Group - ladies' group tea, coffee, chats and crafty activities, get in touch for more info

Friends 4 Ever 01475 715 800 allybally1971@gmail.com 110 Lynedoch Street, Greenock, PA15 4AH Fridays 6:30pm-9:30pm Social club for kids and young adults with a range of disabilities. Make friends and try new activities, run by parents and carers - who can stay and have a cuppa and a chat



Central Library 01475 712323 Wallace Place, Greenock

Mon & Thurs 9:30am-7pm Tues & Fri 9:30am-5pm Wed 9:30am-1pm Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details

Wellpark Mid-Kirk 01475 721 147 info@wellparkmidkirk.com 6 Cathcart Square, Greenock, PA15 1LS

Messy Church - Third Saturday of the month, 4pm-6pm - crafts, games, stories and singing Refreshments throughout, finished off with a chat and a meal together All very welcome!

Greenock Baptist Church 01475 713 728 www.greenockbaptisit.org/contact St Andrew St, Greenock, PA15 1HG

Musical Minds - Last Monday of the month, 10:30am-12noon, cuppa on arrival. For more info, contact Alison Paul at Alzheimer Scotland 07769 366 288 or Mary (GCAS) 07939 846 717

Greenock Central & East

Greenock Baptist Church 01475 713 728

www.greenockbaptisit.org/contact St Andrew St, Greenock, PA15 1HG

Warm Spaces Cafe - Fridays 11am-1pm. Soup, sandwiches and a cuppa, with board games.

St Laurence's RC Church 01475 720 760 stlaurence@rcdop.org.uk 6 Kilmacolm Road, Greenock, PA15 4XP

Parish Quiz Nights & Afternoon Teas - no regular dates, but posted to Facebook

Broomhill Hub

Broomhill Gardens & Community Hub 01475 553 570 info@broomhillhub.org.uk 46 Mearns Street, Greenock, PA15 4QD

Activities on most days of the week

Energy Activators Thursdays 12:30-2:30 - free info and advice on managing your energy bills

Wellbeing Workshop and Treble C Cafe Mondays 1-3pm - drop in for a chat in a safe space

PCF/Street Connect 07760 270 350 alex@streetconnect.co.uk 8 Prospecthill St, Greenock, PA15 4DL

Recovery and Warm Activities - Saturdays: Circuit Training & breakfast 10:30-12:30pm Sunday Service with food & coffee 10:30-1pm



Greenock East United Reformed Church

01475 648 486 revsusanhenderson@urcinverclyde.org

Barnard Court Mission, East Hamilton Street, Greenock

A Warm Welcome - Wednesdays 3pm-5.30pm, Soup & Bread, teas & coffees. Open to all from the end of the school October Holidays until the school Easter Holidays





INVERCLYDE **Care Partnership**

Auchmountain Community **Resource Centre** 01475 791818 32 Burnhead St Greenock, PA15 3LG

Monday - Parent&Toddlers 1:15-2:45pm Driving Theory 6-8pm CSCS Construction 6-8pm

Tuesday - Job Skills 10am-12noon Over 50s Salsa-cise 1-2pm

Wednesday - Glenbrae NurseryBookBug 10-10:45am Basic Computing 1-3pm Health&Fitness 1:15-2:15pm Active Lifestyles (Swimming & Walking) 2:30-3:30pm FBS Fitness Class 6-6:30pm Basic Spanish 7-9pm

Thursday - Kettlebells 10:30-11:30am Basic Computing 1-3pm Over 50s Salsa-cise 1-2pm

Craigend Resource Centre 01475 786739 craigend@talk21.com McLeod St, Greenock, PA15 2HD

Open Monday to Friday 8am-4pm

Cafe and Salad Bar - home-made meals at affordable prices (e.g. Chicken Curry Wednesdays with rice or chips - £2.40 to takeaway)

Laundry Services - please call to book a 1hr time slot



Port Glasgow United Reformed Church 01475 648 486

revsusanhenderson@urcinverclyde.org PG United Reformed Church, Brown Street, Port Glasgow.

Church Angels Foodbank - Tues & Thurs 10am-12noon.

Wee Blether Cafe - tea, coffee and a blether, free of charge, all welcome

Port Glasgow Library 01475 715629 Fore Street, Port Glasgow

Mon & Thurs 12pm-7pm Tues & Fri 10am-5pm Wed & Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details



Port Salvation Army 01475 745 369 pgsa@outlook.com 19 King Street, Port Glasgow PA14 5JA

Sunday Meeting - 10:30am followed by refreshments Toddler Group - Tuesdays 10am-12noon Recovery Cafe - Tuesdays 1pm-3pm Crochet Group - Wednesday 6pm Songster (Choir) Practice - Wednesdays 7pm Meet and Eat (Coffee Morning) -Thursdays 10-12 Informal Warm Space

The Trust 7 1/2 John Wood Street, Port Glasgow, PA14 5HU

Mondays, 10am-12noon Fridays, 1pm-3pm Warm space with hot drinks and snacks, opportunity to link in with other Trust services



The Trust

01475 533 300 info@thetrust.org.uk Port Glasgow Office: 7 1/2 John Wood Street, Port Glasgow PA14 5HU

Brew Buddies - Fortnightly befriending get-together Tuesdays - 4/10, 18/10, 1/11, 15/11, 29/11, 13/12

Port Glasgow iYouth Zone 01475 715240 2-4 Dubbs Rd, Port Glasgow, PA14 5UD

Monday - Drop-In (3rd Year+): 7-9:30pm

Tuesday - Charm Group: 10am-12noon Young Mums Group: 12noon-2pm Youth Club/Drop-In (1st Year only): 7-9:30pm

Thursday: Adult Literacy Drop-In: 9:30am-1pm

Friday - Youth Club/Drop-In (2nd Year only): 7-9:30pm



Kilmacolm Library

01475 715621 Lochwinnoch Road, Kilmacolm

> Mon & Thurs 12pm-7pm Tues & Fri 10am-5pm Wed & Sat 10am-1pm

Ongoing children and adult events and activities, all free and open to all - pop in for more details

Kilmacolm Community Centre

01505 873994 kilmacolm@inverclydeleisure.com Cargill Centre, Lochwinnoch Road, Kilmacolm, PA13 4LE

Cafe, **Library** and lots of **Classes** to take part in throughout the week

Mon-Fri: 9am-10pm Saturday: 9am-3pm Sunday: Closed

Inverclyde