

INVERCLYDE WARM HAND OF FRIENDSHIP SMALL GRANTS

Organisation	Activity and Times	Contact for more information
Kilmacolm Primary School Parent Partnership Group	<p>A child led enterprise initiative underpinned by kindness, the children of KPS will curate and create 'warm boxes'. This will include items that would support physical warmth and the children would also write a letter to include in each box. These letters providing warmth in a less literal form, however often even more impactful.</p> <p>Project start - 25/10/22- Children to create and curate warm boxes + write letters or pictures for infant children</p> <p>Nov-Dec 2022 Distribution of warm boxes before the colder weather sets in.</p>	<p>Email: kpparentpartnership@outlook.com</p> <p>Facebook: Kilmacolm Primary School Parent Partnership</p> <p>Twitter: @KPS Partnership</p>
32nd Greenock Scouts	<p>The 32nd Greenock Scouts will open their premises for young people in the area starting with an extra evening per week. The grant will be used to bring in first aid trainers and supply board games and snacks (and heating costs).</p> <p>Monday and Friday evenings, November 2022 – March 2023</p>	<p>Email: group@32ndscouts.org.uk</p> <p>Facebook: 32nd Greenock Scouts</p>
1st Gourock Scouts	<p>The 1st Gourock Scouts will provide additional activity for a mix of ages. Drop in café for all ages for soup, hot</p>	<p>Email: gsl@1stgourockscouts.org.uk</p>

Organisati on	Activity and Times	Contact for more information
	<p>rolls, sandwiches, and a warm space through the Winter months. The final drop-in sessions of the month would feature Bingo or an afternoon movie using our cinema set up.</p> <p>Tuesdays and Thursdays November 2022-March 2023.</p>	Facebook: 1st Gourock Scouts
Man On Inverclyde	<p>'Heat and eat' from their wellbeing hub, located at 30 Nelson Street, Greenock. Provision of a safe, non-judgmental space for anyone in the community to come by between the hours of 9.30am-1.30pm for a warm space, something to eat and access to the added support of their wellbeing workers. Anyone attending will be encouraged to take the time to charge their mobiles/laptops if required and are welcome to stay as long as they want during the drop-in hours.</p> <p>November 2022 – March 2023 9:30am-1:30pm – Days to be agreed</p>	<p>Website: www.manoninverclyde.co.uk</p> <p>Email: support@manoninverclyde.com</p> <p>Facebook: Man On Inverclyde</p> <p>Twitter: Man On Inverclyde</p> <p>Instagram: Man On Inverclyde</p>
Inverclyde Association for Mental Health	<p>Warm Space for older people who are living alone, without family, perhaps being widowed, or new to the country/area in Broomhill Community Hub for a warm meal and some light activities, once a week.</p> <p>December 2022 – March 2023 - No days/times specified</p>	<p>Website: www.iamh.org.uk</p> <p>Email: info@iamh.org.uk</p> <p>Phone: 01475 729196</p>
Inverkip Community Initiative	<p>The Inverkip Community Hub Café are offering a free comfortable heated space with TV, Computer, and Wi-Fi internet access and will include teas, coffees/biscuits, and soup. Signpost users to other activities in the hub with information on other activities that will also help people stay in the Hub outwith the Café hours.</p>	<p>Website: www.inverkiphub.org.uk</p> <p>Email: info@inverkiphub.org.uk</p> <p>Phone: 01475 520740</p>

Organisation	Activity and Times	Contact for more information
	14th November 2022 - March 2023 Monday 6-8pm Tuesdays 1-3pm & 6-8pm Wed 1-3pm	
Inverclyde Community Development Trust	<p>Creating social spaces for people to attend to take part in activities, socialise and get warm from one of our buildings either Westburn Building in Greenock and the John Wood Street office in Port Glasgow.</p> <p>Various activities such as books, games and social opportunities to encourage friendships and use of the spaces as a place for gathering.</p> <p>November 2022 – March 2023 Monday and Friday weekly, Tuesdays (biweekly) in Port Glasgow and Thursdays in Greenock</p>	<p>Website: www.the-trust.org.uk Email: info@the-trust.org.uk Phone: 01475 553300 Facebook: Inverclyde Community Trust Twitter: Inverclyde Community Trust Instagram: Inverclyde Community Trust</p>
Westburn Parish Church	<p>A warm area from 11am to 2pm every Wednesday with free tea and coffee and warm soup from 12pm to 1.30pm.</p> <p>People can meet for a chat in a warm environment where all are welcome.</p> <p>November 2022 – March 2023 Every Wednesday</p>	<p>Website: www.greenockwestburn.org.uk Email: churchofficer@greenockwestburn.org.uk Phone: 01475 720257 Facebook: Westburn Parish Church</p>
Gourock Park Bowling Club	A warm friendly environment for senior citizens and those in need of support and companionship. To open on various days throughout the week for teas, soup and snacks to the local community. Offer bingo, videos and for the adventurous, crazy golf and table games. The	<p>Email: gourockbc@yahoo.co.uk Phone: 01475 632230 Facebook: Gourock Bowling Club</p>

Organisation	Activity and Times	Contact for more information
	<p>activity will be supported by volunteers from their membership.</p> <p>November 2022 – March 2023</p> <p>Days to be clarified – Contact Gourock Park Bowling Club</p>	
Auchmountain Hall	<p>Warm boxes for the East End of Greenock community made up to suit each individual or family's need. Expand the current clothing bank and offer user a free hot drink and roll.</p> <p>November 2022- March 2023</p> <p>No days/times specified – Contact Auchmountain Hall</p>	<p>Email: auchmountaincentre@hotmail.co.uk</p> <p>Phone: 01475 791588</p> <p>Facebook: Auchmountain Resource Centre</p>
Financial Fitness	<p>Financial Fitness are already seeing a marked increase in enquiries from Inverclyde residents affected by the ongoing energy situation and general cost of living crisis. To increase their capacity to support local people, Financial Fitness are providing an additional telephone triage service to allow said individuals to receive telephone advice as quickly as possible. They will double the triage support to 2 days per week, which will enable them to provide 20 additional days-worth of advice and support for Inverclyde residents worried about the current energy and cost-of-living situation. This would result in 150 new clients receiving telephone triage advice over the period of the grant, enabling them to receive approximately £50,000 worth of financial</p>	<p>Phone: 01475 729239</p> <p>Email: finfitteam@yahoo.co.uk</p> <p>Website: https://financial-fitness.uk/</p>

Organisation	Activity and Times	Contact for more information
	<p>outcomes due to telephone triage advice (via successful welfare benefit claims)</p> <p>Doubling the triage support to 2 days per week over the period 1st November 2022- 31st March 2023</p>	
Clune park resource Centre	<p>The group will provide a warm bowl of soup and a blether to the participants in their parent & toddler groups, offering them a warm space to socialize and have something to eat. The older people using the centre would also be welcome. The group are also going to offer warm boxes to the older people and lone parents who attend the centre.</p> <p>Until March 2023 Twice a week for a few hours</p>	<p>Phone: N/A Email: N/A Website: https://www.facebook.com/rmcaulay2</p>
Branchton Community Centre	<p>Branchton Community Centre will open the Centre at times not currently being offered and provide activities and food to help people who may be looking for a warm place to go and who may be looking for some food and provisions to help their family.</p> <p>The additional hours will be Tuesdays and Thursdays – 3pm to 9pm</p>	<p>Phone: 01475 638481 Email: branchtonmanager@gmail.com Website: https://www.facebook.com/BranchtonCC</p>

Organisation	Activity and Times	Contact for more information
	<p>On all of those days we are planning to provide dinners at a reduced rate or possibly for free. We will also provide a range of activities and classes including;</p> <ul style="list-style-type: none"> • Cookery classes • Money advice • IT training • Family activities (arts, crafts etc) • Sports (Keep fit, table tennis etc) • We will also extend the opening hours of our shop which offers free Fareshare food alongside heavily discounted household items. <p>21st November 2022- 31st March 2023 Tuesdays and Thursdays – 3pm to 9pm</p>	
<p>Home-Start Renfrewshire and Inverclyde</p>	<p>Each of their current 6 groups for families that they support will have their times extended by 30 minutes and a meal will be provided, guaranteeing the parents attending these groups receive at least one hot meal that day. These groups run weekly. They will also offer to cover the travel costs for their service users if they are experiencing financial difficulties.</p> <p>01/12/2022 – 31/03/2023</p>	<p>Phone: 0141 889 5272/ 01475 603441</p> <p>Email: hello@hsri.org.uk</p> <p>Website: https://www.home-start.org.uk/home-start-renfrewshire-and-inverclyde-inverclyde-office</p> <p>Twitter: @homestart_hsri</p>

Organisation	Activity and Times	Contact for more information
Beacon Arts Centre (Greenock Arts Guild LTD)	<p>The Beacon Arts Centre would like to offer a Dance for Parkinson Scheme over Winter 2022, which is a programme that has been shown to alleviate some of the symptoms of Parkinson's. Participants will come to the Beacon once a week for a facilitated dance session and a social café where warm drinks and simple refreshments will be offered. This provides time for socialisation and peer support and participants are welcomed to stay as long as they'd like to enjoy the warm and friendly atmosphere at the Beacon Arts Centre.</p> <p>22 Nov 2022 – 7 Feb 2023 1pm-3.30pm</p>	<p>Phone: 01475 723723</p> <p>Email: info@beaconartscentre.co.uk</p> <p>Website: https://www.beaconartscentre.co.uk/</p>
I FiT Inverclyde Faith in Throughcare	<ul style="list-style-type: none"> - Warm Boxes including flasks, quilt cover, hot water bottle, scarfs, gloves, warm hat and where appropriate have an option to top up people's electricity/gas meter in an emergency. - Cover Additional rent costs - Provide hot beverages and some food if a venue can be secured. If not, this money will go towards the first two activities <p>December 2022 – March 2023</p>	<p>Phone: N/A</p> <p>Email: robbie@ifit.scot</p> <p>Website: https://ifitinverclyde.wordpress.com/</p>
Greenock Torpedo Factory Club	<p>This group will open their club to provide soup, snacks, and warm drinks to the local community. The club is based centrally between Riverside</p>	<p>Phone: 01475 631035</p> <p>Website: https://www.facebook.com/GreenockTorpedoFactoryClub/about</p>

Organisation	Activity and Times	Contact for more information
	<p>Gardens, the senior citizens flats (warden controlled) and Eastern View which has a majority of older folks, senior citizens, and single occupancy flats. They are keen to provide a warm, friendly, welcoming environment for senior citizens and those in particular need of support and companionship. They will offer a range of activities and interests such as bingo, quizzes, children's visits, films, talks and for the more active - snooker and table games. They will also provide "soup and a blether" sessions.</p> <p>November/December 2022- March 2023</p>	
Inverkip Church	<p>Providing soup/roll/tea/coffee/home baking/activities each week in warm church lounge. Supporting anyone in the local community, particularly aimed at older people.</p> <p>17/10/2022- 27/03/2023</p>	<p>Phone: N/A</p> <p>Email: admin@inverkip.org.uk</p> <p>Website: www.inverkip.org.uk</p>
Greenock Baptist Church	<p>Warm Spaces Café – Offering soup, sandwiches, and tea/coffee (free). This would be a new group offering a welcoming space for people to meet and socialise. As well as the free lunch, we would also have board games available for people to play. Our café area seats 24 people and we aim to fill it.</p>	<p>Phone: 01475 713728</p> <p>Email: pastor@greenockbaptist.org</p> <p>Website: www.greenockbaptist.org</p>

Organisation	Activity and Times	Contact for more information
	<p>Walking Football – a new group for men who are over 50 years of age. The football would run for 45 mins followed by another 45 mins in our café area where hot and cold drinks would be provided. This will provide a warm space for men to meet and engage in some physical activity as well as socialise afterwards.</p> <p>December 2022 – March 2023 Warm Spaces Café – a weekly café from 11.00am-1.00pm on Fridays. Walking Football –This would meet on a Wednesday afternoon in our Games Hall starting at 1.30pm-3pm.</p>	
<p>Lyle Gateway</p>	<p>We run a drop in café 2 days a week. The warm space day will have free food/hot drinks and we will provide access to electrical points for people to recharge things like phones, tables, battery banks etc.</p> <p>This will also be a place you can along and make new friendships, take part in physical activities, board games, watch films together or simply just enjoy being in the company of others, in a warm, relaxing and inviting place.</p> <p>December 2022 – March 2023</p>	<p>Phone: N/A</p> <p>Email: derek@lylegateway.com</p> <p>Website: www.lylegateway.com</p>

Organisation	Activity and Times	Contact for more information
St Patrick's RC Church	<p>St Patrick's RC Church will provide soup, sandwiches, teas, coffees in their warm church hall. This is with the intention of providing a warm space, reducing stigma, reducing isolation and integrate the foodbank into the wider community.</p> <p>08/01/2023 to 26/03/2023</p>	<p>Phone: 01475 720223</p> <p>Email: stpatrick@rcdop.org.uk</p> <p>Website: https://www.stpatricksgreenock.info/?fbclid=IwAR1W5VLIH44h7AJ-H-6XHW-2-21BTSqoDvZqbudjMFqlfB-0dfU9uDjC6y8</p>
Kayos Theatre Group	<p>Kayos will be working on a play as part of the National Theatre Connections Festival which will be a first for Kayos and in addition to our usual activities of workshops and producing plays and musicals. The group recognises that financial difficulties may be a barrier to participation for some young people, which is worsened by the current financial climate. Likewise, the pandemic and subsequent lockdowns have had a significant impact on confidence and resilience of young people in Inverclyde. This programme will offer a free opportunity to engage in new activities within a warm space. They will offer food and drinks during the breaks at rehearsals which is something that they have not previously been able to do. The activity will bring together young people aged 15-25 from various areas of Inverclyde with different backgrounds and who attend different schools, colleges and universities to work together and to create memories and lasting friendships. It will also help with the cost-of-living crisis by</p>	<p>Phone: N/A</p> <p>Email: kayostheatrecompany@gmail.com</p> <p>Website: www.kayos-theatre.co.uk/wordpress/</p>

Organisation	Activity and Times	Contact for more information
	<p>bringing young people together in a safe and warm space and provide them with food and drinks. This warm activity will provide young people with an opportunity to be part of something bigger than themselves, while building confidence and connections.</p> <p>Start – 13.11.22 End – 31.3.22 Read through/ workshops/ casting – November 2022 Rehearsals/ Home Performance – December 2022 to March 2023.</p>	
<p>Hope Community Church</p>	<p>We will be in offering a warm space for people to come during times when the winter will really bite. We aim to offer a free bowl of soup, bread, tea or coffee and some snack in an environment that will be friendly and welcoming. Social spaces will be open to them for private chats, for people to play games and just for others who may want their own individual space. If needed, we will point them to council workers more advanced in areas where they might need support. From this venture, we hope that those using it would become friends, they might even make new friends and have a brighter outlook.</p>	<p>Phone: 01475 787177</p> <p>Email: OFFICE@HOPEINVERCLYDE.COM</p> <p>Website: N/A</p>

Organisation	Activity and Times	Contact for more information
	From receiving the grant until the end of March 2023	
Wellington Park Bowling Club	<p>The club intends to organise and run an afternoon bingo session midweek and also a weekend bingo session for people who may have other commitments during the week. These sessions will be open to people of all ages (18 & above) and accessible to people who suffer from mental or physical conditions also – from members, friends, family members and the general public. The club will provide hot tea, coffee and Bovril as well as platters of sandwiches, home baking and biscuits. We would hope to have approx. 30-40 people attend these bingo sessions which would almost fill our facility to full capacity. There will be no additional or entry costs for the people involved or for those taking part.</p> <p>The other project the club wishes to begin is a Bowls & Blether Day and evening. This would consist of indoor bowls played on an indoor carpet. We would hope to attract current members but also new members to come and take part in a fun-filled 2-hour session of indoor carpet bowls. Inviting your best friend or someone you think would like to come along and enjoy the peaceful settings that would allow you to catch up with friends, meet new friends and have the physical</p>	<p>Phone: N/A</p> <p>Email: dangerousdange@gmail.com</p> <p>Website: Twitter- @TheWellyPark</p>

Organisation	Activity and Times	Contact for more information
	<p>aspect of having a short game of indoor bowls on the carpet. These sessions would have a maximum of 20 players but we also have extra seating accommodation that would allow people who may not want to participate in a game but the chance to sit down and speak and meet new people in a happy environment which is welcoming and safe for everyone and anyone to use and enjoy.</p> <p>01/12/2022- 28/02/2023</p>	
<p>Barnardo's</p>	<p>We will provide a warm space one day per week to families currently accessing our service and this would include tea, coffee and soup/sandwiches. This would allow them to have a warm space aimed at reducing their rising utility bills and providing warm food drinks.</p> <p>We have a pantry group which is facilitated one day per week and will run for approximately 4hours and food is provided from our food share (at no cost).</p> <p>We would like to offer families who use our service and that are in hardship support with their gas and electricity to take additional worries away at Christmas time and beyond. We would also be offering those families in hardship food parcels/food vouchers to allow them to keep the whole family fed over the Christmas period and beyond also.</p> <p>From receiving the grant until March 2023</p>	<p>Phone: 01475 728493</p> <p>Email: N/A</p> <p>Website: https://www.barnardos.org.uk/</p>

Organisation	Activity and Times	Contact for more information
Inverclyde Leisure- Auchmead Road	<p>The Grant will be to provide a room to sit and have tea and coffee, supporting an estimate of 690 people over the course of 17 weeks.</p> <p>From receiving funding- 22/03/2023 This will run on a Wednesday morning providing somewhere warm and tea or coffee for 21 people from 10-11 and then a further 21 from 11-12.</p>	<p>Phone: 01475 213126</p> <p>Email: N/A</p> <p>Contact Page: https://www.inverclydeleisure.com/contact-us/</p> <p>Website: https://www.inverclydeleisure.com/facilities/ravenscraig-activity-centre/</p>
Inverclyde Leisure- Lady Octavia	<p>We are looking at using the grant to open up our main hall and provide a bouncy castle for children and teas and coffees for parents.</p> <p>1/12/22 – 27/3/23 We are hoping that parents and kids will have a place to go for a 2-hour period weekly</p>	<p>Phone: 01475 213127</p> <p>Email: N/A</p> <p>Contact Page: https://www.inverclydeleisure.com/contact-us/</p> <p>Website: https://www.inverclydeleisure.com/facilities/lady-octavia-sports-centre/</p>
Hamilton Bardrainney Kirk	<p>This is a new venture to our group in supplying refreshment, food, companionship, a warm place to meet and to be given some groceries etc to take home.</p> <p>We hope to achieve more knowledge of those in need in our community and ascertain what further assistance can be offered.</p> <p>We have identified a need to supply a warm place companionship for people who have been unable to</p>	<p>Phone: 01475 794510</p> <p>Email: N/A</p> <p>Website: Hamilton Bardrainney Kirk</p>

Organisation	Activity and Times	Contact for more information
	<p>cope with the increase in costs due to factors beyond their control. We would hope to assist in getting them through these difficult times, with giving them not only warmth but a friendly face who will not judge them.</p> <p>It is planned that once we understand the needs of the community, we would organise visits from health & wellbeing services, local help groups and local councillors to talk to our community, giving help & advice on relevant subjects</p> <p>09/01/2023- 27/03/2023</p>	
St Patrick's Primary School	<p>We plan to spend grant monies to allow purchase of equipment, resources, and fresh ingredients to facilitate our venture of Broth and a Blether. Our school is situated in an area considered high deprivation; 60% of our pupils live in areas defined as SIMD 1&2 by Scottish Government and 40% are entitled to free school meals.</p> <p>We will open the school up on the first Friday of each month to enable parents/carers/grandparents and pupils to access a very warm welcome in the school canteen. This welcome will include access to peer support, an opportunity to access our warm winter clothes and uniform share initiative, as well as access to hot soup, bread, beverages, biscuits, and the possibility to take away fresh veg soup packs, with accompanying recipes. We will also offer frozen</p>	<p>Phone: 01475 715696</p> <p>Email: instpatricksglowscotland.onmicrosoft.com</p> <p>Website: https://blogs.glowscotland.org.uk/in/stpatrickprimary/</p>

Organisation	Activity and Times	Contact for more information
	<p>soup in containers to be heated at home. Our plan is to cater for 90 people (pupils and family members) each month.</p> <p>Parent volunteers, including those from our Parent Council, and school staff will facilitate this monthly warm welcome to the school community, and a venture of this scale would not be possible without funding to access equipment, resources and ingredients.</p> <p>Our aim is to open up St Patrick's Primary as a warm beacon of hope and friendship in the coming months whilst offering practical ways to share clothing resources, offer peer support, hot soup and bread, and also encourage ready to make soup packs to be shared in the school community. We also plan to have a table with local signposting resources for families</p> <p>From receiving funding- 31/03/2023</p>	
<p>Inverclyde Leisure – Greenock Sports Centre</p>	<p>The Grant will be to provide hall hire, equipment of Bouncy Castle and Soft Play with table and chairs, and tea/coffee</p> <p>From receiving funding- 27/3/23</p> <p>Facilities will be open for a 2-hour period, weekly.</p>	<p>Phone: 01475 213130</p> <p>Email: N/A</p> <p>Contact Page: https://www.inverclydeleisure.com/contact-us/</p> <p>Website: https://www.inverclydeleisure.com/facilities/greenock-sports-centre/</p>

Organisation	Activity and Times	Contact for more information
Grieve Road Community Centre	<p>Through feedback from the recent Open Day, a number of attendees suggested that the centre host drop-in sessions for lonely, isolated and vulnerable residents of all ages within the Greenock Southwest area. We aim to use the grant to buy ingredients to make soup, provide teas, coffees and snacks, buy board games, arts & craft supplies and run various activities throughout the sessions. We have recently received a table tennis table but would also need to buy bats and balls for this. We would also encourage people to come and share various skills such as sewing, knitting or how to play specific games.</p> <p>Through the use of the grant, we would like to community to use the newly refurbished community centre to come along, socialise, skill share, keep warm and have at least one hot meal to enjoy. We understand that this may take some time to establish but we hope that the community come together and use the centre as a base for socialisation and a place that they feel they can be proud of and used to its potential. We would work in partnership with Inverclyde CLD and have volunteers to make the sessions as enjoyable as possible.</p> <p>16/01/2023- 31/03/2023</p>	<p>Phone: 01475 724916</p> <p>Email: N/A</p> <p>Website: N/A</p>

Organisation	Activity and Times	Contact for more information
	Total of 22 sessions, 11.30am-3.30pm (estimated times, could change due to volunteer and CLD staffing commitments)	
Designed Necessities	<p>Designed Necessities will offer a warm space where people can go to do arts, crafts, play games, come for a chat and have a bite to eat. They will also allow attendees to heat their ready meals on the premises.</p> <p>They usually only support people within the age range of 16-25 years of age but they will encourage people to bring family and friends regardless of age.</p> <p>They would offer a warm space throughout the week and the weekend. The weekends would stay the way they are now, which is on demand. Weekday opening times will be from 1pm to 9pm.</p>	<p>Phone: 07956 204317</p> <p>Email: ewa_jakubowski@hotmail.com</p> <p>Website: https://www.facebook.com/designednecessities</p>
Ardgowan Hospice	<p>Ardgowan Hospice are opening a warm lounge within their Access building in Greenock to help patients, families and carers keep warm throughout the cold winter months. The Warm Lounge sessions will provide nutritious snacks and homemade soup, engaging activities, advice and opportunities for peer support. A well-being officer will be on hand supporting patients and their families.</p>	<p>Leah Elis, Trust & Legacy Officer</p> <p>Phone: 01475 726830</p> <p>Email: trust@ardhosp.co.uk</p> <p>Website: https://ardgowanhospice.org.uk/</p>

Organisation	Activity and Times	Contact for more information
	The Warm Lounge session will be twice a week for 20 weeks, between 04/01/2023 – 31/03/2023. 20 people can be supported per session. The day of the week and times for the Warm Lounge are to be confirmed.	
Additional funding from the HSCP		
Boglestone Activity Centre	<p>The grant will be used to provide soft play, and teas and coffees from the café.</p> <p>This will cover for 12 weeks. This would run on a Thursday from 12.00-14.00.</p>	<p>Phone: 01475 213133</p> <p>Website: https://www.inverclydeleisure.com/facilities/boglestone-activity-centre/</p>
Waterfront Leisure Centre	<p>The grant will be used to support all of below. They will supply a warm studio to host a coffee catch up and will also offer homemade soup. Our studio can hold up to 50 people with tables and chairs. Their in-house café team will supply all catering. Outcome they hope to achieve is for people to come to the Waterfront where they can be warm a place to socialise with also getting something to eat.</p> <p>The day of the week and times for this warm space are to be confirmed.</p>	<p>Phone: 01475 797979</p> <p>Website: https://www.inverclydeleisure.com/facilities/waterfront-leisure-complex/</p>
SAMH	SAMS (Safe, Accessible, Mindful, Space) is a peer led, drop-in service that creates an informal and	Website: www.samh.org.uk

Organisation	Activity and Times	Contact for more information
	<p>supportive space for individuals to access mental health and wellbeing support. Open to all, individuals can access tools and resources to help build their resilience, exploring ways to self-manage their own mental health, alongside the opportunity for 1-2-1 support from the perspective of lived experience mental health recovery. Over 12 weeks SAMS Inverclyde will look to support 7 attendees every week with Warm Boxes (supporting 84 individuals)</p> <p>We will also have £10 Energy Top-Up Vouchers available in addition or separately to the Warm Boxes.</p> <p>This help will provide people in challenging circumstances including mental health issues and lack of money with important help so that their mental and physical health hopefully doesn't decline.</p> <p>The day of the week and times for this warm space are to be confirmed.</p>	
Mount Kirk Church	<p>They want to serve our community by opening on a Friday morning, offering a cup of tea /coffee & filled roll, conversation & access to newspapers & board games and offer appropriate help/information e.g. signposting to Foodbank, Clothing banks & other community groups & warm spaces</p>	<p>Phone: 01475 722338</p> <p>Email: fmurphy@churchofscotland.org.uk</p> <p>Website: http://www.themountkirk.org.uk/</p>

Organisation	Activity and Times	Contact for more information
	<p>Newspapers, Warm boxes to take away - including a blanket, tin of soup, hot water bottle warm hat & gloves, and access free sanitary protection through Inverclyde council for our users.</p> <p>Friday mornings, time to be confirmed for this warm space.</p>	
Tail O' the Bank Credit Union	<p>They hope to provide the following outcomes: Provide hot drinks and food to Inverclyde residents at the coldest period of the year. Provide a safe place where they can access a warm area and interact with other people. Signpost Inverclyde residents in need of support to relevant partner agencies and support groups</p> <p>Wednesdays during opening hours, 9.30am-1pm.</p>	<p>Phone: 01475 734655</p> <p>Email: office@totbcu.co.uk</p> <p>Website: https://www.creditunioninverclyde.com/</p>
Gibshill Community Centre	<p>Gibshill community centre would use the centre as a warm space during the week to offer a place to the community where they can come for a little company, a wee chat and be able to get something hot to eat.</p> <p>Their Warm Spaces will be free and will let individuals stay for as long, or for as short a period as they wish (within opening hours)</p> <p>They will offer free homemade soup, homemade sandwiches, tea and coffee to either sit in or takeaway.</p>	<p>Phone: 01475 741588</p> <p>Email: gibshillcommunitycentre@gmail.com</p> <p>Website: https://www.facebook.com/people/Gibshill-Community-Centre/100064875932937/</p>

Organisation	Activity and Times	Contact for more information
	<p>They will also make space where people can come to relax within a heated environment where they can read the papers, magazines play games and have computer access.</p> <p>Gibshill Community Centre will also look to purchase a community fridge.</p> <p>The day of the week and times for this warm space are to be confirmed.</p>	
<p>St Margaret's Church</p>	<p>Through the use of the grant, they would like the community to use the sessions to socialise, share skills, keep warm and have at least one hot meal to enjoy. This will be A Bowl & Blether and a Warm Space. They aim to make soup, provide teas and coffees and snacks for those who attend and would like to run a variety of activities during these sessions for people to get involved in. People are encouraged to come and share various skills with others, eg knitting, crocheting, sewing, computer skills and how to play the various games.</p> <p>The day of the week and times for this warm space are to be confirmed.</p>	<p>Phone: 01475 892874</p> <p>Website: https://www.facebook.com/stmargaretschurchgreenock</p>
<p>Greenock East End Parish Church</p>	<p>Currently operating a warm space with hot drinks and food, company, chat and board games along with free WiFi</p> <p>We also offer access to free sanitary protection.</p>	<p>Phone: 01475 722338</p> <p>Website: https://www.facebook.com/greenockeastendchurch/</p>

Organisation	Activity and Times	Contact for more information
	<p>In addition we would like to offer up to 50 of;- warm bags/boxes containing a hat, gloves, blanket flask, tins of soup</p> <p>Every Tuesday until the end of the fund.</p>	
Youth Connections	<p>We will offer a non-judgmental warm space for residents across the Inverclyde area. Our Warm Spaces will be free and will let you stay for as long, or for as short a period as you wish (within opening hours) We will offer free homemade soup, homemade sandwiches, tea and coffee to either sit in or takeaway. We will also make space where people can come to relax within a heated environment where they can read the papers, magazines play games and have computer access. Youth Connections is also looking to purchase a community fridge from other funding, we would use monies from this funding to help buy food to be able to offer a free community fridge to the community.</p> <p>During Opening Hours</p>	<p>Phone: 01475 795727</p> <p>Email: info@youthconnections.co.uk</p> <p>Website: https://www.youthconnections.co.uk/</p>
Parklea Branching Out	<p>PBO's proposed activities would be additional to our core weekly programme and will provide indoor warm facilities, social activities, and information sessions to our community through weekly drop ins. Individuals will be able to take advantage of PBO's facilities and will be provided</p>	<p>Phone: 01475 744516</p> <p>Email: admin@parkleaassociation.org.uk</p> <p>Website: http://parkleaassociation.org.uk/</p>

Organisation	Activity and Times	Contact for more information
	<p>with a warm refreshment and snack (i.e. sandwich, soup and cake) and on certain days/weeks a food/soup bag with recipes and ingredients will also be provided.</p> <p>The day of the week and times for this warm space are to be confirmed.</p>	
<p>Larkfield Early Learning Centre</p>	<p>My aim is to spend the grant on warm boxes. I want to provide each of our 120 children within the centre with a box containing a warmies a heatable comfort toy, a beanie hat that has a rechargeable headlight and a pair of fluffy socks. Not only will the warmies will provide comfort for the little ones but warmth too, its recommended that its heated in the microwave for only 90 seconds, this would be much more cost effective for the parents than having to boil the kettle for a hot water bottle and has that cute extra plush softness.</p> <p>The beanie hat will also help with warmth but also provide the child with an extra light to help support with not having the lights on as much or allowing parents to keep the lights off for longer or take down part time.</p> <p>The hat has a USB port that you can recharge from a mobile phone charger so no need to replace batteries and is machine washable.</p> <p>And a pair of fluffy socks because who doesn't love a pair of fluffy socks! These will help to keep the</p>	<p>Phone: 01475 715759</p> <p>Email: INLarkfield@glowscotland.onmicrosoft.com</p> <p>Website: https://blogs.glowscotland.org.uk/in/larkfieldchildrenscenter/</p>

Organisation	Activity and Times	Contact for more information
	wee ones feet warm and help with a peaceful sleep.	
Auchmountain Community Resource Centre (Continuation Funding)	<p>Warm boxes for the East End of Greenock community made up to suit each individual or family's need. Expand the current clothing bank and offer user a free hot drink and roll.</p> <p>November 2022- March 2023 No days/times specified – Contact Auchmountain Hall</p>	<p>Email: auchmountaincentre@hotmail.co.uk</p> <p>Phone: 01475 791588</p> <p>Facebook: Auchmountain Resource Centre</p>
Grieve Road Community Centre (Continuation Funding)	<p>Through feedback from the recent Open Day, a number of attendees suggested that the centre host drop-in sessions for lonely, isolated and vulnerable residents of all ages within the Greenock Southwest area. We aim to use the grant to buy ingredients to make soup, provide teas, coffees and snacks, buy board games, arts & craft supplies and run various activities throughout the sessions. We have recently received a table tennis table but would also need to buy bats and balls for this. We would also encourage people to come and share various skills such as sewing, knitting or how to play specific games.</p> <p>Through the use of the grant, we would like to community to use the newly refurbished community centre to come along, socialise, skill share, keep warm and have at least one hot meal</p>	<p>Phone: 01475 724916</p> <p>Email: N/A</p> <p>Website: N/A</p>

Organisation	Activity and Times	Contact for more information
	<p>to enjoy. We understand that this may take some time to establish but we hope that the community come together and use the centre as a base for socialisation and a place that they feel they can be proud of and used to its potential. We would work in partnership with Inverclyde CLD and have volunteers to make the sessions as enjoyable as possible.</p> <p>16/01/2023- 31/03/2023 Total of 22 sessions, 11.30am-3.30pm (estimated times, could change due to volunteer and CLD staffing commitments)</p>	
<p>Moving On Inverclyde</p>	<p>Because we are supporting vulnerable people through their recovery, we have listened to their needs and asks of us and the products we are looking to gift to them directly support them to keep warm, be fed and have food whilst we are not open. It also allows them to go home knowing they can keep warm and have food available until they see us the next time as any remaining food can be taken in the flasks etc provided. Our fund would provide the following. A month of lunch - 360 meals in total. – we would provide soup and sandwiches for 20 people each day for 4 days each week of March provided by Craigend Community Hub. We will also make up 48 Winter Warmer boxes including flask/food flask/hot water bottle/fleece</p>	<p>Phone: 01475 735 200</p> <p>Email: contact@movingoninverclyde.co.uk</p> <p>Website: www.movingoninverclyde.co.uk</p>

Organisation	Activity and Times	Contact for more information
	The days of the week and times for this warm space are to be confirmed.	
Port Glasgow Bowling Club	<p>We would be opening our club an additional night to provide a warm space. We would provide a free meal once a week and supply warm boxes to the community.</p> <p>Saturday would be providing a warm buffet for anyone to come along. We would like to provide food vouchers for our young bowling families.</p>	<p>Phone: 01475 791840</p> <p>Email: portglasgowbowls@gmail.com</p> <p>Website: Port Glasgow Bowling Club Facebook</p>
Greenock Torpedo Factory Club (Continuation Funding)	<p>This group will open their club to provide soup, snacks, and warm drinks to the local community. The club is based centrally between Riverside Gardens, the senior citizens flats (warden controlled) and Eastern View which has a majority of older folks, senior citizens, and single occupancy flats. They are keen to provide a warm, friendly, welcoming environment for senior citizens and those in particular need of support and companionship. They will offer a range of activities and interests such as bingo, quizzes, children's visits, films, talks and for the more active - snooker and table games. They will also provide "soup and a blether" sessions.</p> <p>The days of the week and times for this warm space are to be confirmed.</p>	<p>Phone: 01475 631035</p> <p>Website: https://www.facebook.com/GreenockTorpedoFactoryClub/about</p>

Organisation	Activity and Times	Contact for more information
Inverclyde Association for Mental Health (Continuation Funding)	<p>Beneficiaries will receive a hot, nutritious meal prepared onsite, and the opportunity to chat and socialise with new friends. Meals will be served in our glass fronted community hall, attendees will mix with each other whilst enjoying the beautiful views of our courtyard and gardens. The group will have ample time to use the facilities, enjoy a walk in the safety of our walled gardens and return for some light activities or a chat.</p> <p>The days of the week and times for this warm space are to be confirmed.</p>	<p>Website: www.iamh.org.uk</p> <p>Email: info@iamh.org.uk</p> <p>Phone: 01475 729196</p>
Inverclyde Homeless Forum	<p>Funding would allow us to purchase sets of warm, clean bedding for our service users. We would also be able to provide clothing packages containing coats, underwear, socks and warm jumpers or hoodies. We would like to build a supply of smart clothing for service users to access for formal occasions.</p> <p>We took the decision a few years ago to ask our service users to bring a carrier bag for groceries to reduce our use of plastic bags. If our application for funding is successful we will purchase durable back packs for our service users to bring along to be filled with groceries for warm meals/toiletries, thus reducing the number of plastic bags in circulation and making sure the service users can take their full weekly supply of food and toiletries.</p>	<p>Website: https://www.neighbourly.com/project/5580487b8f60fd0a6cefec9f</p> <p>Email: N/A</p> <p>Phone: N/A</p>

Organisation	Activity and Times	Contact for more information
	<p>Funding would allow us to achieve the following outcomes:</p> <ul style="list-style-type: none"> Vulnerable adults receiving warm, nutritious meals in a safe setting; Vulnerable adults accessing a secure and safe supply of warm clothing and bedding; Vulnerable adults sourcing warm food; Decreased risk of food poverty and ill health for vulnerable adults; Guaranteed location identified for warm activities for vulnerable adults. <p>Mondays and Fridays 9am-1pm</p>	