

MYTH	TRUTH
A Direct Payment is not the same as Self Directed Support	Taking a direct payment in place of receiving services is Option One of the Self Directed Support Options
SDS means that more service users will be able to have a holiday more often	Although service users will be able to have a break which is an alternative to traditional respite this will still follow on from an assessment which means that not all service users will have the same result and there will be a budget to work within
SDS is just a passing fad and will soon go away	Self Directed Support is part of the Scottish Government's 10 year strategy and is here to stay

The above are some myths that the SDS team have encountered in their travels.

If you would like to add some more or clarify any points of your own please contact the team at:-

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Myths and Legends

'The Truth Is Out There'

MYTH

TRUTH

Self Directed Support (SDS) is just about making cuts



SDS is first of all about giving people a better life. It is about supporting people to think about how they could lead their lives and give them the chance to control that

Once you have been assessed and allocated funding you are free to use the funding in any way you please



Although guidance from the Scottish Government states that a supported person can use their payment in any way they choose it also further stipulates that the support purchased via the payment must be in line with the assessment and support plan, meet the supported person's 'eligible needs' and also be within the criminal and civil law

Carers are not eligible to SDS in their own right



If you are caring for someone you can ask for a carers assessment which looks at your caring role. Following this the local authority has discretionary power to provide support to you as a carer and therefore you would be given the choice from the four options in your own right.

MYTH

TRUTH

The SDS Act replaces existing duties



The SDS Act does not replace any other legislation which was already in place. This means that we still have all our other statutory duties to fulfil. For example if someone's care alternative arrangements break down for whatever reason the duty of care still remains

SDS will alleviate concerns surrounding Direct Payments (DP)



SDS will not change Direct Payments. DP is only one method of receiving a service. SDS offers more choices but the responsibility, the risks, and the benefits of a DP will still remain. What we can do is try to reduce the risk by ensuring the service user has the support mechanisms in place and has a back-up plan in case of emergencies.

You can only choose from the options if you are under 65



SDS options are available to all people who have been assessed as requiring care and support. It includes children in need, children with disabilities, adults and carers including young carers and older people