

Get in touch

Your child may be on a waiting list for a few weeks.

Please contact the Physiotherapy Department if you have a change of address or telephone number.

When you receive an appointment please contact the Physiotherapist as soon as possible if the time is not suitable.

If you fail to keep an appointment your child will be discharged.

Phone: 01475 505198

Write to: Skylark Child Development Centre
L North
Inverclyde Royal Hospital
Larkfield Road
Greenock
Inverclyde PA16 0XN

www.inverclyde.gov.uk

or
The Chartered Society
of Physiotherapy (CSP)
www.csp.org.uk

or
The Association of Paediatric
Chartered Physiotherapists (APCP)
www.apcp.org.uk

Health and Community Care

Skylark Child Development Centre

Paediatric Physiotherapy Service



Complaints, suggestions or comments

Write to: Complaints Officer
Inverclyde HSCP
Hector McNeil House
7/8 Clyde Square
Greenock
Inverclyde PA15 4NB

email: pccsp.swork@inverclyde.gov.uk

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Physiotherapy is the treatment of disorders of movement and function caused by problems in the muscles, bones or nervous system.

We are able to help children with:

- Cerebral Palsy
- Cystic Fibrosis
- Spina Bifida
- Muscular Dystrophy
- Developmental Co-ordination Disorders
- Developmental Delay
- Orthopaedic Conditions
- Chronic Juvenile Arthritis

Referral process

Children are referred to a Paediatric Physiotherapist by:

- A hospital Consultant
- Community Paediatrician
- School Doctor
- GP
- Health Visitor
- Other professionals

What do physiotherapists do?

The child will be assessed to establish the main problem areas and a treatment programme will be devised to meet the needs of the child and the family.

The programme may include:

- Teaching parents and carers appropriate exercises and management
- Advice on the use of splints and mobility equipment
- Strengthening weak muscles
- Mobilising stiff joints
- Balance and co-ordination training
- Improving mobility
- Breathing exercises and chest clearance
- Teaching the child how to roll over, sit, crawl and walk, giving them the experience of normal movement

The Physiotherapist is part of the multidisciplinary team and attends regular review meetings including meetings at the child's nursery or school.

Where do paediatric physiotherapists work?

- In the child's own home
- In nurseries
- Mainstream and special schools
- Leisure Centres or after school clubs
- Skylark Child Development Centre at L North, Inverclyde Royal Hospital

What physiotherapists cannot do

Therapists cannot cure Cerebral Palsy, Spina Bifida, Cystic Fibrosis, Muscular Dystrophy and other chronic conditions, but they can help to reduce the disabling effects.

Through therapy, people with disabilities can achieve an improvement in communication and movement and can become more independent.

