

## Health and Community Care

# Information for adults Involved in Adult Support and Protection Investigations

A service to help if you are being harmed  
and want support



# Information for adults Involved in Adult Support and Protection Investigations

1



A Social Worker  
will come to see you.

2



You can talk to them  
if you feel unsafe.



3



The Social Worker will find ways to help make you safe.

4



There might need  
to be a meeting.

5



We will make an  
action plan together.

6



We will put plan  
into action.



# Who can you talk to about keeping safe?

If you are worried about keeping safe you can talk to someone you trust, like your family and friends, carer or worker/social worker.

## Emergency contacts:



**Social work  
standby**

**0300 343 1505**



**POLICE**  
SCOTLAND

**Police number  
101**

**Emergency  
999**