

# Get in touch

## Contact Details

### Greenock Health Centre

Phone: 01475 724477

### Gourock Health Centre

Phone: 01475 502461 or 01475 502462

### Port Glasgow Health Centre

Phone: 01475 745321

### Boglestone Clinic

Phone: 01475 701058

### Ardgowan Medical Practice

Phone: 01475 888262

### Station View Health Centre

#### Roxburgh Practice

Phone: 01475 558340

### Mount Pleasant Practice

Phone: 01475 558330

### Out of Hours District Nursing

Phone: 01475 720995



## Availability Of District Nursing Service

### Day service

#### Monday - Friday

6.00am - 4.30pm

### Weekend service

#### Saturday/Sunday

6.00am - 4.30pm

### Through the night service

#### Monday - Sunday

5.30pm - 8.00am

## Complaints, suggestions or comments

We will always try to resolve any concerns raised about the services. We know things can go wrong and we would like you to tell us if this happens.

**Write to:** Complaints Officer  
Inverclyde HSCP  
Hector McNeil House  
7-8 Clyde Square  
Greenock  
Inverclyde PA15 1NB

**email:** [pccsp.swork@inverclyde.gov.uk](mailto:pccsp.swork@inverclyde.gov.uk)

Health and Community Care

## District Nursing Service



## What do we do?

The District Nursing Service in Inverclyde provides skilled nursing care to patients who are temporarily or permanently housebound through illness or frailty, providing care in the patient's (or relative's) own home.

In addition, the District Nursing Service supports carers and families to enable the patient to be cared for at home.

**Patients who are not housebound will receive care, if required, within Health Centre Treatment Rooms.**

## Main Activities Of District Nursing

- District Nurses carry out a holistic assessment of patients admitted to their caseloads
- Nurse prescribers can prescribe from the Nurse Formulary eg. wound management products, continence care and management products, bowel management products and simple analgesia
- Provide palliative and terminal care in patient's own homes
- Specialist assessment in relation to pain/symptom control in terminal care
- Provide evidence based wound management

- Post operative care
- Administer medications eg. injections, eye drops
- Continence care; management and care of catheters
- Management of diarrhoea/constipation
- Measurement and recording of physiological data eg. blood pressure, pulse, body temperature, blood glucose
- Venepuncture
- Pressure Sore Risk Assessment
- Arrange delivery and uplift of equipment
- Moving and Handling
- Teaching of patients and carers eg. self administration of eye drops, insulin
- Encourage patient rehabilitation to the limit of their capability
- Support carers and families
- Referral to other agencies following identification of unmet needs
- Health Promotion



The District Nursing Service in Inverclyde operates 365 days a year.

**District Nursing is at the centre of 21st century healthcare. As more people choose to shift their healthcare from hospital to home, the role of the District Nurse continues to change.**

The roles once only performed in hospitals by doctors are now being performed by District Nurses in people's homes. The complexity of home nursing now demands a multi-disciplinary approach and District Nurses work closely with other specialist teams. Even though healthcare continues to advance and the role of the District Nurse continues to change, however the basic skills and qualities of a District Nurse remain the same.

District Nurses continue to work in an autonomous way within the uncertainty of the home environment. They continue to be guests in their patient's homes. They are leaders, teachers and mentors as well as carers. They continue to be confident decision makers and possess excellent communication and interpersonal skills to enable them to assess and plan the most complex care packages that best suit their patient's needs, while advocating on their behalf. Most of all, the District Nurse continues to be a "friend of the family."