

## Useful Information

[www.elderabuse.org.uk](http://www.elderabuse.org.uk)

[www.victimsupportsco.org.uk](http://www.victimsupportsco.org.uk)

[www.rapecrisiscotland.org.uk](http://www.rapecrisiscotland.org.uk)

[www.relationships-scotland.org.uk](http://www.relationships-scotland.org.uk)

[www.in-control.org.uk](http://www.in-control.org.uk)

[www.sclid.org.uk](http://www.sclid.org.uk)

[www.actagainstharm.org](http://www.actagainstharm.org)

If you do not have access to the internet, speak to your allocated worker/Social Worker

Other people you could talk to are:

### Inverclyde Advocacy Services

**Phone:** 01475 730797

**Write to:** 21 Grey Place  
Greenock  
Inverclyde PA15 1YF



### Inverclyde Adult Protection Committee



#### “Understanding Harm”

Watch our *You Tube* Channel  
video on

[bit.ly/1Ltnblo](http://bit.ly/1Ltnblo)

## Get in touch

### If worried about yourself or someone else

**Phone:** 01475 715365

**Write to:** Adult Protection Support Unit  
Inverclyde HSCP  
Hector McNeil House  
7-8 Clyde Square  
Greenock  
Inverclyde PA15 1NB

This document can be provided in large print, braille or on audio cassette and can be translated into different community languages. For this or more information contact the Adult Protection Support Unit at the address and telephone number above.

### Complaints, suggestions or comments

**Phone:** 01475 715365

**Write to:** Complaints Officer  
Inverclyde HSCP  
Hector McNeil House  
7-8 Clyde Square  
Greenock  
Inverclyde PA15 1NB

**email:** [pccsp.swork@inverclyde.gov.uk](mailto:pccsp.swork@inverclyde.gov.uk)



### Health and Community Care

### Information for adults involved in Adult Support and Protection



# Information for adults involved in an Adult Support and Protection

[www.inverclyde.gov.uk](http://www.inverclyde.gov.uk)

## Why is a Social Worker involved?

The Adult Support and Protection (Scotland) Act 2007 has given councils particular duties if they are concerned about someone being at risk of harm.

They are involved because you or someone else has said they are worried about you being at risk of harm and that you may need support to keep safe.

They will arrange to talk to you and listen to you about your situation. They will want to check:

- That you are safe.
- Whether you are worried about being harmed by anyone.
- Whether you are able to protect yourself.
- Whether you need some help to protect yourself and to see what Social Work and other professionals may be able to do to support you to keep safe.

You do not need to talk to them or answer any questions if you do not want to. They can arrange for an independent advocacy worker to support you to make sure your views are heard or you can talk to them with a trusted family member or friend with you. They will bring a colleague with them to take notes so they can concentrate on what you have to say.

Unless they believe someone is putting “undue pressure” on you to agree to things you are not happy with, your views about your situation will guide what happens next.



## What happens next?

If you don't believe that you are being harmed or at risk of harm or you are sure you can protect yourself, the Social Worker will make a record of this. You might require help and support for other reasons and they will discuss this with you and won't take any action unless you do not want them to.

**BUT**

If you are worried about someone harming you or not looking after you properly the Social Worker will talk to you about what they may be able to do to help you keep safe. Often just talking about your worries and the positives can help. The Social Worker could help you in

the following ways:

- Making sure you have all the support you need to help you keep safe at home.
- Finding you other people for you to talk about any particular worries.
- Help you plan ways to keep yourself safe.
- Who to contact if you are worried or frightened.

Talking to the person who is harming you so they know you do not like what is happening and that you are being helped as you want the harm to stop.

## This will be the plan of what will happen next.

The Social Worker has said there needs to be a case conference. What is this?

In some situations a meeting called a case conference is arranged. This might be because your situation is complicated and it might be that a range of professionals could assist you.

Everyone who may be able to help you meets to share information, decide with you whether you are at risk of harm and to decide what help and support they can give to help you keep safe.

It is likely that during the meeting they will talk to you about creating a Protection Plan. There is a more detailed leaflet about case conferences which your Social Worker can give you if a case conference is needed. In

very rare situations the Council can use legal powers to stop someone contacting you when you don't want them to or to help you take yourself away from a situation where you are being harmed. We can provide you with more detailed information if this is being considered.

The allocated worker/Social Worker who gave you this leaflet is:

**Social Workers name**

**Address**

**Telephone number**

**Email address**