

Angelina McCann
ADHD Liaison Nurse
Larkfield Child & Family Centre
Inverclyde CAMHS
Larkfield Road
Greenock
PA16 0XN

Dr Katrina Clarkson
Specialty Doctor in Child & Adolescent
Psychiatry
Larkfield Child & Family Centre
Inverclyde CAMHS
Larkfield Road
Greenock
PA16 0XN

Tel 01475 504 447

Useful Addresses:

ADD Information Service (ADDISS)
PO Box 340
Edgeware
Middlesex
HA8 9HL
Tel 02089 522800
Fax 02089 522909
Email: info@addiss.co.uk

ADD it Up
Cranberry Moss Community Centre
Cambusdon Place
Pennyburn
Kilwinning
KA13 6SL
Tel 01294 557 146
Email: AddItUpAyrshire@aol.com

Website: Children & Adults with ADD
– www.chadd.org

ADV Warehouse (Books Videos etc)
www.advwarehouse.com



ADHD Clinic, Inverclyde CAMHS

Information for Parents and Families

What is ADHD

ADHD stands for Attention Deficit Hyperactivity Disorder also sometimes referred to as Attention Deficit Disorder (ADD) or Hyperkinetic Disorder (HKD).

ADHD and HKD are amongst the most commonly diagnosed behaviour disorder in children and young people. It is thought to affect 5-10% of school age children. Boys are more affected than girls.

The Core Symptoms of ADHD are:

- Inattention (difficulty in concentration)
- Hyperactivity (Excessive level of activity, on the go, fidgetiness)
- Impulsive behaviour (interrupting others and acting without thinking)

In order to meet the diagnostic criteria it is essential that symptoms:

- Are present before the age of 7
- Have persisted for at least 6 months
- Must be pervasive (present in more than one setting, ie. Home, schoolwork and socially)
- Have caused significant functional impairment

- Are not better accounted for by other mental health disorders (eg. Pervasive development disorders, schizophrenia, depression or anxiety)

Making the Diagnosis

At the clinic your child will be seen by the ADHD Liaison Nurse. In addition and with parental permission other professionals may be involved in the assessment process ie:

- Occupational Therapist
- Speech & Language Therapist
- Paediatric Dietician
- Educational Psychologist
- Child Psychologist
- Clinical Psychologist

The Assessment Process includes:

- Parent/ Care Giver interview
- Child/ Young Person Interview
- Full Developmental History
- Clinical general physical examination
- Questionnaire completed by Parents
- Questionnaire completed by School
- Observation in Clinic and School settings

- Formal reports requested from School and other Professionals as appropriate
- CPT – Computerised test done by the child/young person to measure their concentration and attention span

What Happens Next

At the end of the assessment the outcome and management plan will be discussed. The appropriate reports will be sent to the GP and other professionals who are involved with the Child/Young Person. We will also liaise with the School staff, Educational Psychologist and Social Work Department for support and advice.

Referrals

We accept referrals from GPs, Hospitals, Community Paediatricians, Educational Psychologists, Occupational Therapists and Speech & Language Therapists. Referrals can be made of a child/young person between the ages of 6 to 18 years if still in Secondary school.

Telephone discussion is welcome on any case.