

## Seasons for Growth Evaluation

### Parent/Carer Information



Seasons for Growth is a grief and loss education programme that aims to strengthen the social and emotional wellbeing of children and young people who are dealing with major life changes including death, separation, divorce and other significant losses. Through group work, the 8 week programme helps children to explore the impact of change and loss on everyday life and to learn ways to respond to these changes.

We would like to invite you and your child to take part in a school-based evaluation which involves completing a short questionnaire before the group programme begins and shortly after it has ended. The aim of the evaluation is to gather comments from children, young people, parents, carers, companions and teachers to find out if participating in Seasons for Growth can help improve children's health and wellbeing.

Attached are consent forms for you and your child to complete and return to the school office. The information gathered for this evaluation will be kept confidential and may be included in the final evaluation report but will not reveal the identity of your child.

Thank you

*K. McPherson*      *A. Montgomery*

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Inverclyde Educational Psychology Service

Seasons for Growth National Trainers