Choose the right service!

Pharmacy First

USEFUL INFORMATION

Information:

Community Pharmacies are often referred to as retail or high street pharmacy or Chemist.

Community Pharmacists are responsible for the quality of medicines supplied to patients; they ensure that the supply of medicines is within the law and that medicines prescribed to patients are suitable. Community Pharmacists are able to assess and treat common clinical conditions.

Community Pharmacists advise patients about medicines, including how to take them, what reactions may occur and they answer patients' questions. Community Pharmacists respond to patients' symptoms and advise on medicines for sale in pharmacies. Other services are provided to patients, such as smoking cessation, and treatment of minor ailments.

Pharmacy First

When should someone see a Community Pharmacist?

- Abrasions
- Bruises
- Cold Sores
- Cough & Colds
- Constipation
- Dry Skin
- Earache
  (for less than three days)
- Emergency Contraception
- Hay fever
- Head Lice
- Impetigo (2 years+)
- Insect bites
- Mouth Ulcers
- Nappy rash
- Pain Relief
- Piles
- Shingles (18 years+)
- Sore Throat
- Sunburn
- Thrush
- Uncomplicated UTIs (Cystitis) in women 16-65 yrs
- Verrucas

Contact your local Pharmacist

GOUROCK

- TLC Gourock Pharmacy
  01475 638712
  2A Cowal View, PA19 1EH
- Lloyds
  01475 639489
  118 Shore Street, PA19 1QZ
- Pettigrew's Pharmacy
  01475 632028
  38 Cardwell Road, PA19 1UH

GREENOCK

- A.A. Hagen
  01475 722965
  119 - 121 Grieve Road, PA16 7AW
- Still Chemist
  01475 636396
  Unit 1A Ravenscraig
  Neighbourhood Centre
  6 Cumberland Walk, PA16 0UD
- Boots The Chemist
  01475 729173
  Oak Mall,
  Hamilton Way, PA15 1RQ
- Clyde Pharmacy
  01475 722733
  199 Roxburgh Street, PA15 4DA
- ER McAnerney
  01475 722805
  182 Dunlop Street, PA16 9DP
- Holmscroft HC Ltd
  01475 722615
  Greenock Health Centre
- McDade Pharmacy
  01475 722940
  88 Belville Street, PA15 4TA

GREENOCK

- Lloyds Pharmacy
  01475 723564
  10 Kilblain Street, PA15 1SR
- Well Pharmacy
  01475 722526
  34 Roxburgh Street, PA15 4NR
- Tesco Pharmacy
  01475 295110
  Tesco Store, Dalrymple Street,
  PA15 1LE

PORT GLASGOW

- M&D Green
  01475 741035
  12 John Wood Street, PA14 5HU
- M&D Green
  01475 741029
  11/13 Fore Street, PA14 5EE
- Lloyds Pharmacy
  01475 704355
  8/14 Dubbs Road, PA14 5UA

OTHER

- TLC Pharmacy Inverkip
  01475 522784
  64 Main Street, PA16 0AS
- Your Local Boots Pharmacy
  01505 872926
  1-2 Stewart Place
  Bridge of Weir Road, Kilmacolm,
  PA13 4AF
- Wemyss Bay Pharmacy
  01475 522995
  Unit 4 Shopping Centre,
  Ardgowan Road, PA18 6AT

Choose the right service!

Community Connectors
- Affected by isolation or lacking confidence at any age?
- Increase your Social Interaction
- Connect to services, support and activities
- Telephone 01475 728628

Self Care NHS Inform
- Need general health advice
- Minor illnesses • Sore Throat
- Diarrhoea • Cold / Flu • Vomiting
- Telephone 0800 22 44 88
- www.nhsinform.scot

Social Care
- Benefits advice / money worries
- Support for People at risk
- Assessment for personal / practical support
- Support to live independently
- Telephone 01475 715299

Physiotherapy
- Advice on muscle, joint or back pain visit: nhs inform msk zone - www.nhsinform.scot
- Further help, self refer to Outpatient Physiotherapy (Adult service only). Self referrals forms available in physio depts & GP Practices.

Pharmacy First
- Pain Relief • Shingles
- Emergency Contraception
- Cough / Cold • Cystitis (Females 16-65)
- Impetigo • Stop Smoking
- Contact your local Pharmacy

NHS 24 Call 111
- Unsure about a symptom
- Need help, can't wait until your regular NHS service re-opens
- Telephone for FREE, dial 111

Optician Services
- Experience sudden loss or changes in vision
- Have sore, irritated, red, sticky or watery eyes
- Contact your local Optician

Dentist Services
- Pain in mouth, jaws or gums
- Facial swelling, bleeding from mouth
- Contact your local Dentist

GP (Doctor) Team
- An illness or injury that won't go away
- Monitoring and management of ongoing conditions
- Contact your Practice