Choose the right service!

Optician Services

USEFUL INFORMATION
Information:

- Your community optometrist (optician) is now your first point of contact should you have any problem with your eyes.
- An optometrist is the professional who can best manage any eye problem and can arrange urgent hospital attention should that be necessary.
- The hospital eye clinics no longer offer a walk-in service.
- Contact your usual optometrist. If you don’t have one any local optician will help you with a suitable appointment or appropriate advice.
- This service is paid for by the NHS so there is NO COST to you.
- The optometry appointment may not need to be on the same day but urgent issues will receive urgent attention. On busy clinic days you may have to wait.
- If the optometrist you contact cannot see you they will either give advice or arrange for you to be seen elsewhere.

When should you see an optician?

- Experience sudden loss or changes in vision, irritated or watery eyes?
Contact Local Optician...

GREENOCK
- Boots The Chemist
  01475 721488
  Oak Mall, 43 Hamilton Way
- Aitchison Opticians
  01475 722796
  32 Ardgowan Square
  PA16 8NJ
- Taher & McCallum
  01475 720877
  70 West Blackhall Street
  PA15 1XG
- Reid Mackellar
  01475 721744
  86 - 90 West Blackhall Street
  PA15 1XG
- Specsavers
  01475 724404
  5-7 Hamilton Gate
  PA15 1JW
- Vision Express
  01475 726012
  Unit 24 Hamilton Way
  PA15 1RH
- Optical Express
  01475 731720
  Unit 0800 023 2020
  01475 600725

PORT GLASGOW
- David Wyse
  01475 741615
  15 King Street PA14 5JA
- Tesco Extra
  01475 497537
  (Store Number)
  0131 289 57809
  Greenock Road PA14 5BP

KILMACOLM
- Munro Optomitrists
  01475 873238
  1 Octavia Buildings, Bridge of Weir Road PA13 4AE

Outside opening hours:
call NHS 24 on 111
Text phone 18001 111 111
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1. **Community Connectors**
   - Affected by isolation or lacking confidence at any age?
   - Increase your Social Interaction
   - Connect to services, support and activities
   - Telephone 01475 728628

2. **Self Care NHS Inform**
   - Need general health advice
   - Minor illnesses • Sore Throat
   - Diarrhoea • Cold / Flu • Vomiting
   - Telephone 0800 22 44 88
   - www.nhsinform.scot

3. **Social Care**
   - Benefits advice / money worries
   - Support for People at risk
   - Assessment for personal / practical support
   - Support to live independently
   - Telephone 01475 715299

4. **Physiotherapy**
   - Advice on muscle, joint or back pain visit: nhs inform msk zone - www.nhsinform.scot
   - Further help, self refer to Outpatient Physiotherapy (Adult service only). Self referrals forms available in physio depts & GP Practices.

5. **Pharmacy First**
   - Pain Relief • Shingles
   - Emergency Contraception
   - Cough / Cold • Cystitis (Females 16-65)
   - Impetigo • Stop Smoking
   - Contact your local Pharmacy

6. **NHS 24 Call 111**
   - Unsure about a symptom
   - Need help, can’t wait until your regular NHS service re-opens
   - Telephone for FREE, dial 111

7. **Optician Services**
   - Experience sudden loss or changes in vision
   - Have sore, irritated, red, sticky or watery eyes
   - Contact your local Optician

8. **Dentist Services**
   - Pain in mouth, jaws or gums
   - Facial swelling, bleeding from mouth
   - Contact your local Dentist

9. **GP (Doctor) Team**
   - An illness or injury that won’t go away
   - Monitoring and management of ongoing conditions
   - Contact your Practice

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