

**Choose the right service!**



# **Dentist Services**

**USEFUL INFORMATION**



# Information:

## What does a Dentist do?

Dentists are the first port of call for dental and mouth problems. Dental disease can be prevented by visiting a dentist regularly for examinations and advice on caring for your mouth.

Child smile is the programme for looking after your children's teeth and applying preventative fluoride varnish from the age of 2 years. All local dentists are accepting NHS patients.

Patients should register with a dentist for regular check-ups, planned routine treatment and emergency care. If a patient is not registered with a dentist, try to encourage them to do so as soon as possible.

## When should someone see a Dentist?

- **Pain in your mouth, jaw, tongue or gums**
- **Mouth Ulcers**
- **Bleeding from the mouth**
- **Facial Swelling**
- **Sore Teeth / Toothache**

## What if I need dental care in an emergency?

- ***If you are registered with a dentist:***
  - During opening hours: contact your practice as early as possible
  - Outside opening hours:
- ***If you are NOT registered with a dentist:***
  - Contact a dentist in your area to register as a patient and explain your symptoms
  - Outside opening hours, call NHS 24 on 111 (text phone 18001 111 111) and they will:
    - Assess your symptoms
    - Recommend treatment
    - Arrange for treatment if appropriate
- ***You will need to register with a dentist for any follow up care.***

# Inverclyde Dental Practices

## GOUROCK

- The Gourock Dental Partnership  
**01475 632218**  
24 Kempock Street PA19 1NA
- Weir & McLafferty Dental Care  
**01475 630396**  
122 Shore Street,  
PA19 1QZ

## GREENOCK

- George Square Dental Practice  
**01475 720682**  
6 George Square
- Orangefield Dental Practice  
**01475 722341**  
2 Orangefield Place, PA15 1YX
- Ardgowan Dental Care  
**01475 721882**  
12A Union Street, Greenock,  
PA168JJ
- Frederick Dental Care  
**01475 785005**  
11A Union Street, PA16 8JL
- Infinity Smile  
**01475 721882**  
84 West Blackhall Street  
Greenock, PA15 1XG

## PORT GLASGOW

- Crosshill Dental Practice  
**704165**  
Crosshill Place, Dubbs Road  
Port Glasgow, PA14 5UF
- Lynton House Dental Practice  
**01475 741162**  
13a Brown Street, PA14 5BP
- Belhaven Dental Surgery  
**01475 741186**  
2 Scarlow Street, Port Glasgow,  
PA14 5EY

## INVERKIP

- Ivy Cottage Dental Surgery  
**01475 521248**  
Main Street, PA16 OUA

## KILMACOLM

- Kilmacolm Dental Care  
**01505 873852**  
7 St James Terrace,  
Lochwinnoch Road, PA13 4HB



**Outside opening hours:**

**call NHS 24 on 111**

**Text phone**

**18001 111 111**

# Choose the right service!

INVERCLYDE  
**HSCP**  
Health and Social  
Care Partnership

The Scottish  
Government

your  
voice

## 1 Community Connectors

- Affected by isolation or lacking confidence at any age?
- Increase your Social Interaction
- Connect to services, support and activities
- Telephone 01475 728628



## 1 Self Care NHS Inform

- Need general health advice
- Minor illnesses • Sore Throat
- Diarrhoea • Cold / Flu • Vomiting
- Telephone 0800 22 44 88
- [www.nhsinform.scot](http://www.nhsinform.scot)



## 1 Social Care

- Benefits advice / money worries
- Support for People at risk
- Assessment for personal / practical support
- Support to live independently
- Telephone 01475 715299



## 1 Physiotherapy

- Advice on muscle, joint or back pain visit: [nhsinform.msk.zone](http://nhsinform.msk.zone) - [www.nhsinform.scot](http://www.nhsinform.scot)
- Further help, self refer to Outpatient Physiotherapy (Adult service only). Self referrals forms available in physio depts & GP Practices.



## 1 Pharmacy First



- Pain Relief • Shingles
- Emergency Contraception
- Cough / Cold • Cystitis (Females 16-65)
- Impetigo • Stop Smoking
- Contact your local Pharmacy



## 1 NHS 24 Call 111

- Unsure about a symptom
- Need help, can't wait until your regular NHS service re-opens
- Telephone for FREE, dial 111



## 1 Optician Services

- Experience sudden loss or changes in vision
- Have sore, irritated, red, sticky or watery eyes
- Contact your local Optician



## 1 Dentist Services

- Pain in mouth, jaws or gums
- Facial swelling, bleeding from mouth
- Contact your local Dentist



## 1 GP (Doctor) Team

- An illness or injury that won't go away
- Monitoring and management of ongoing conditions
- Contact your Practice

