Choose the right service!



GP (Doctor) Team

USEFUL INFORMATION



Information:

What does a GP Primary Care Team do?

A GP Practice
may have various
professionals
within their team.
It may consist
of GPs, Practice
Nurse(s), Health
Care Assistant/
Phlebotomist,
Practice
Pharmacist and
administration staff and
management.

The Practice team will carry out detailed examinations and provide advice, information and prescription if appropriate. The Practice also provides routine monitoring and management of ongoing health conditions such as diabetes, high blood pressure, asthma and heart disease and can also provide most contraceptive services, maternity services, immunisations and screening (e.g. smears and child health).



A doctor can also refer patients to a specialist healthcare professional for tests and treatment.



Contact Your local Practice

Receptionists in GP Practices

What does a GP Receptionist do?

- The role of the GP receptionist is to ensure that the patient is seen by the most appropriate person or service at the right time, and ensure the patient has a smooth journey through the system.
- A Receptionist may ask patients questions to assist with directing them to the most appropriate service/ professional.

When should someone see a member of the GP team?

- When a patient has an illness or injury that just won't go away, they should make an appointment to see a member of the General Practitioner Team (GP).
- Everyone needs to register at their local GP surgery.



Contact your local GP Practice if you have an illness that won't go away; or if you need to manage or monitor an ongoing condition.

Choose the right service! Service



Community Connectors

Self Care

O Social Care

NHS Inform

- Affected by isolation or lacking confidence at any age?
- Increase your Social Interaction
- Connect to services, support and activities
- Telephone 01475 728628



- Minor illnesses
 Sore Throat
- Diarrhoea Cold / Flu Vomiting
- Telephone 0800 22 44 88
- www.nhsinform.scot
- Benefits advice / money worries
- Support for People at risk
- Assessment for personal / practical support
- Support to live independently
- Telephone 01475 715299



- **Physiotherapy**
- Advice on muscle, joint or back pain visit: nhs inform msk zone - www.nhsinform.scot
- Further help, self refer to Outpatient Physiotherapy (Adult service only). Self referrals forms available in physio depts & GP Practices.



Pharmacy

Call 111

- First
- Pain Relief
 Shingles
- Emergency Contraception
- Cough / Cold Cystitis (Females 16-65)
- Impetigo Stop Smoking
- Contact your local Pharmacy



- Unsure about a symptom **NHS 24**
 - Need help, can't wait until your regular NHS service re-opens
 - Telephone for FREE, dial 111



Optician Services

- Experience sudden loss or changes in vision
- Have sore, irritated, red, sticky or watery eyes
- Contact your local Optician



Dentist Services

- Pain in mouth, jaws or gums
- Facial swelling, bleeding from mouth
- Contact your local Dentist



GP (Doctor)

- · An illness or injury that won't go away
- Monitoring and management of ongoing conditions
- Contact your Practice

