

Choose the right service!



Independent Living Service

USEFUL INFORMATION



Support to Live Independently

10-16 Gibshill Road, Greenock PA15 2UP Telephone 01475 714350

Physiotherapy at Home

- Patient is unable to attend NHS Physio at patient clinics and therefore requires assessment in their own home for a wide range of conditions

Community Rehabilitation Team

- For rehabilitation for patients predominantly over 65 years requiring the following disciplines within their own homes (including care homes):
- Physiotherapy
- Speech and Language Therapy
- Dietitian
- Occupational Therapy
- Podiatry
- Gerontology Specialist Nurse

Includes rapid assessment to prevent hospital admission

Physical Disability Rehabilitation Service (PDRS)

- For patients under 65 years with COMPLEX health care needs arising from a physical disability.

PDRS Disciplines available:

- Physiotherapy
- Occupational Therapy
- Speech and Language Therapy
- Dietitian

Community Occupational Therapy Service

Following an assessment of need we can provide a variety of interventions to support safety and independent living for people of all ages which could include:

- Kitchen/ household/ bathing/ toilet equipment
- Adaptations-rails/stairlifts/showers/ramps
- Specialist seating
- Moving and handling solutions.

The Occupational Therapy service can also provide:

- Blue Badge assessments
- Housing assessments and reports and give recommendations (mainly where person cannot access basic amenities within their home)



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The Sensory Impairment Service

Supports people of all ages that have a sensory impairment.

Following an assessment of need we can provide a variety of interventions, information and advice or support such as:

- Specialised equipment for sensory loss
- Mobility and Orientation (indoor)
- Children's Visual Impairment Review Group/Clinic
- Kitchen rehabilitation
- Partnership working with Sensory Impairment clinics at IRH.

The service offers support from a qualified British Sign Language interpreter (Tuesday 1pm-4.30pm)
Sensory impairment equipment demonstration drop in (Thursday 9am-12.30)

Fast Track Clinic at IRH

- Over 65 years
- Deterioration in function over a short period of time
- Requires a comprehensive geriatric assessment with a management plan
- Medical investigations undertaken as an out patient
- Interface pharmacist available for medication review
- Gerontology nurse Specialist assessment of patients needs at fast track clinic or in own home
- Follow up assessment in patients own home from Community Rehabilitation Team
- Professional to Professional contact with the GNS can be made on

07866 795 359



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INVERCLYDE
HSCP
Health and Social
Care Partnership

The Scottish
Government
Partner for 10 Years

Your
voice

1 Community Connectors

- Affected by isolation or lacking confidence at any age?
- Increase your Social Interaction
- Connect to services, support and activities
- Telephone 01475 728628



1 Self Care NHS Inform

- Need general health advice
- Minor illnesses • Sore Throat
- Diarrhoea • Cold / Flu • Vomiting
- Telephone 0800 22 44 88
- www.nhsinform.scot



1 Social Care

- Benefits advice / money worries
- Support for People at risk
- Assessment for personal / practical support
- Support to live independently
- Telephone 01475 715299



1 Physiotherapy

- Advice on muscle, joint or back pain visit: nhsinform.msk.zone - www.nhsinform.scot
- Further help, self refer to Outpatient Physiotherapy (Adult service only). Self referrals forms available in physio depts & GP Practices.



1 Pharmacy First



- Pain Relief • Shingles
- Emergency Contraception
- Cough / Cold • Cystitis (Females 16-65)
- Impetigo • Stop Smoking
- Contact your local Pharmacy



1 NHS 24 Call 111

- Unsure about a symptom
- Need help, can't wait until your regular NHS service re-opens
- Telephone for FREE, dial 111



1 Optician Services

- Experience sudden loss or changes in vision
- Have sore, irritated, red, sticky or watery eyes
- Contact your local Optician



1 Dentist Services

- Pain in mouth, jaws or gums
- Facial swelling, bleeding from mouth
- Contact your local Dentist



1 GP (Doctor) Team

- An illness or injury that won't go away
- Monitoring and management of ongoing conditions
- Contact your Practice

