

INVERCLYDE ALLIANCE BOARD

MONDAY 10 DECEMBER 2018 – 1PM

BOARD ROOM 1, MUNICIPAL BUILDINGS, GREENOCK

Present: Councillors S McCabe (Chair), G Brooks, L Quinn and E Robertson (Inverclyde Council), Mr I Bruce (CVS/I3SF), Area Manager G Binning (Scottish Fire and Rescue Service), Ms A MacPherson (NHS Greater Glasgow & Clyde), Ms K Wallace (Scottish Natural Heritage), Mr A Comrie (Strathclyde Partnership for Transport), Ms S Kelly (Skills Development Scotland), Mr M Newlands (Scottish Enterprise), Superintendent D Leitch (Police Scotland) and Mr P Fagan (West College Scotland).

In attendance: Mr A Fawcett, Ms R Binks, Mr S Allan, Ms A Ward, Ms G Baxter, Ms L McVey, Mr I Hanley and Ms S Lang (Inverclyde Council), Ms L Long and Ms D Gillespie (Inverclyde HSCP).

Apologies for absence: Superintendent G Crossan (Police Scotland), Ms S Rae (West College Scotland), Ms S Kearns (Scottish Government) and Mr S McMillan, MSP.

MINUTE OF MEETING OF 1 OCTOBER 2018

The minute of the meeting of 1 October 2018 was submitted and approved.

MATTERS ARISING

There were no separate matters arising.

FIVE YEAR MENTAL HEALTH STRATEGY

There was submitted a report by the Corporate Director (Chief Officer), Inverclyde Health & Social Care Partnership advising the Alliance Board of the development of a whole system five year strategy for Mental Health Services, the new Mental Health monies available and the plan for use of these monies.

The Board also heard a presentation by Deborah Gillespie, Head of Mental Health, Addictions & Homelessness, Inverclyde HSCP which provided an overview of the strategy. (A copy of this is attached as Appendix 1.)

(Superintendent Leitch entered the meeting during consideration of this item of business).

Following the presentation, the Alliance Board briefly discussed the issues arising, particularly third sector referrals and involvement, services to children and young people including CAMHS (Children and Adolescent Mental Health Services), increased awareness amongst communities of Mental Health issues and social prescribing such as gardening and green gyms.

Decided: that the report and proposals outlined in the accompanying Action 15 Plan for Inverclyde be noted.

INVERCLYDE LOCAL OUTCOME IMPROVEMENT PLAN - QUARTERLY PROGRESS REPORT

There was submitted a report by Chair of the Programme Board providing an update on the progress which has been made in implementing the Local Outcome Improvement Plan (LOIP) 2017 - 2022.

Decided: that the progress which has been made in implementing the new LOIP be noted.

LOCALITY PLANNING UPDATE

There was submitted a report by the Chair of the Programme Board providing an update on locality planning in Inverclyde.

Decided:

- (1) that the progress being made in developing the locality plans be noted; and
- (2) that a further update report be made to the March meeting of the Alliance Board.

INVERCLYDE EVERY CHILD, EVERY CHANCE POVERTY EVENT

There was submitted a report by the Corporate Policy, Performance & Partnership Manager, Inverclyde Council providing an update on the Every Child, Every Chance Poverty Event held in Inverclyde on 2 October 2018 to coincide with Challenge Poverty Week.

Decided:

- (1) that the success of the first Every Child, Every Chance Event in Inverclyde be noted;
- (2) that the Analysis of Evaluations report set out in Appendix 1 be noted; and
- (3) that it be noted that all Partners will be required to contribute to the development of the Inverclyde Local Action Report which will be submitted to the March meeting of the Alliance Board.

INVERCLYDE CULTURAL PARTNERSHIP UPDATE – NOVEMBER 2018

There was submitted a report by the Head of Inclusive Education, Culture & Communities, Inverclyde Council providing an update on the work of the Inverclyde Cultural Partnership.

Decided:

- (1) that the progress made towards the outcomes set out in Inverclyde's Cultural Partnership Delivery Plan be noted; and
- (2) that the timeline for closure of Inverclyde's Heritage Hub in Cathcart Street, Greenock and for the reinstatement of the Watt Complex be noted.

INVERCLYDE TRANSPORT OUTCOMES REPORT 2018/19

There was submitted a report by the Head of Policy & Planning, Strathclyde Partnership for Transport (SPT) (1) informing the Alliance Board of the preparation by SPT of the Inverclyde Transport Outcome Report (TOR), (2) highlighting the connection between SPT activities and local outcomes from the Local Outcome Improvement Plan (LOIP) and (3) highlighting the focus given within the TOR to the services and benefits that SPT has delivered in 2017/18 together with details of the SPT – Inverclyde Joint Workstreams for 2018/19.

Decided: that the contents of the report be noted.

PUBLIC HEALTH STRATEGY

There was submitted a report by the Director of Public Health, NHS Greater Glasgow & Clyde informing the Alliance Board of the Health Board's approved Public Health Strategy.

Decided:

- (1) that the Public Health Strategy be noted; and
- (2) that it be agreed that the strategy be embedded in the work of the various Partnership Groups.

DATE OF NEXT MEETING

It was noted that the next meeting of the Alliance Board will take place at 1pm on Monday 18 March 2019.

Adult Mental Health Strategy 2018-23

Overview

Alliance Board 10th December 2018

Mental Health (WHO)

- State of well-being in which the individual:
- Realises his/her own abilities
- Can cope with the usual stresses of life
- Can work productively and fruitfully
- Is able to make a contribution to his / her community.
- ***Emphasises the importance of housing, education, environment, relationships***

Strategy

INVERCLYDE
HSCP
Health and Social
Care Partnership

COMMISSION
THE FUTURE
OF PUBLIC SERVICES

THE FIVE YEAR
FORWARD VIEW
MENTAL HEALTH

A Report from the Independent Mental Health

NHS
Greater Glasgow and Clyde
Clinical Services Strategy 2015



Healthy Minds

The Report on the health of the
NHS Greater Glasgow and Clyde

From the
Director of Public Health

November 2017

Mental Health Strategy: 2017-2027



Mental Health

- Two aspects of Mental Health
- Mental well-being: should be more prominent in overall assessments of population health
- Mental ill-health: need for greater integration of responses to poor mental and physical health

Proportion (%) of respondents reporting Positive

Mental Health

HSCP	Proportion (%)
East Dunbartonshire	90.1
East Renfrewshire	90.9
Glasgow City	83.5
Inverclyde	86.5
Renfrewshire	89.6
West Dunbartonshire	89.7

Mental Health Improvement & Early Intervention Framework for Children and Young People

One Good Adult

Importance of dependable adult to supporting and protecting mental health of children and young people – e.g. strengthen parenting, mentoring, guidance, befriending initiatives

Resilience Development in Schools

Whole school approach to mental health and wellbeing – ethos, curriculum, positive behaviour, anti-bullying, pastoral care...

Resilience Development in Communities

Strong network of youth services, voluntary and community organisations, confident and skilled to support and intervene

Guiding Thru the Service Maze

Children, families & young people have range of support options for early intervention and can be helped to find their way to appropriate help quickly

Responding to Distress

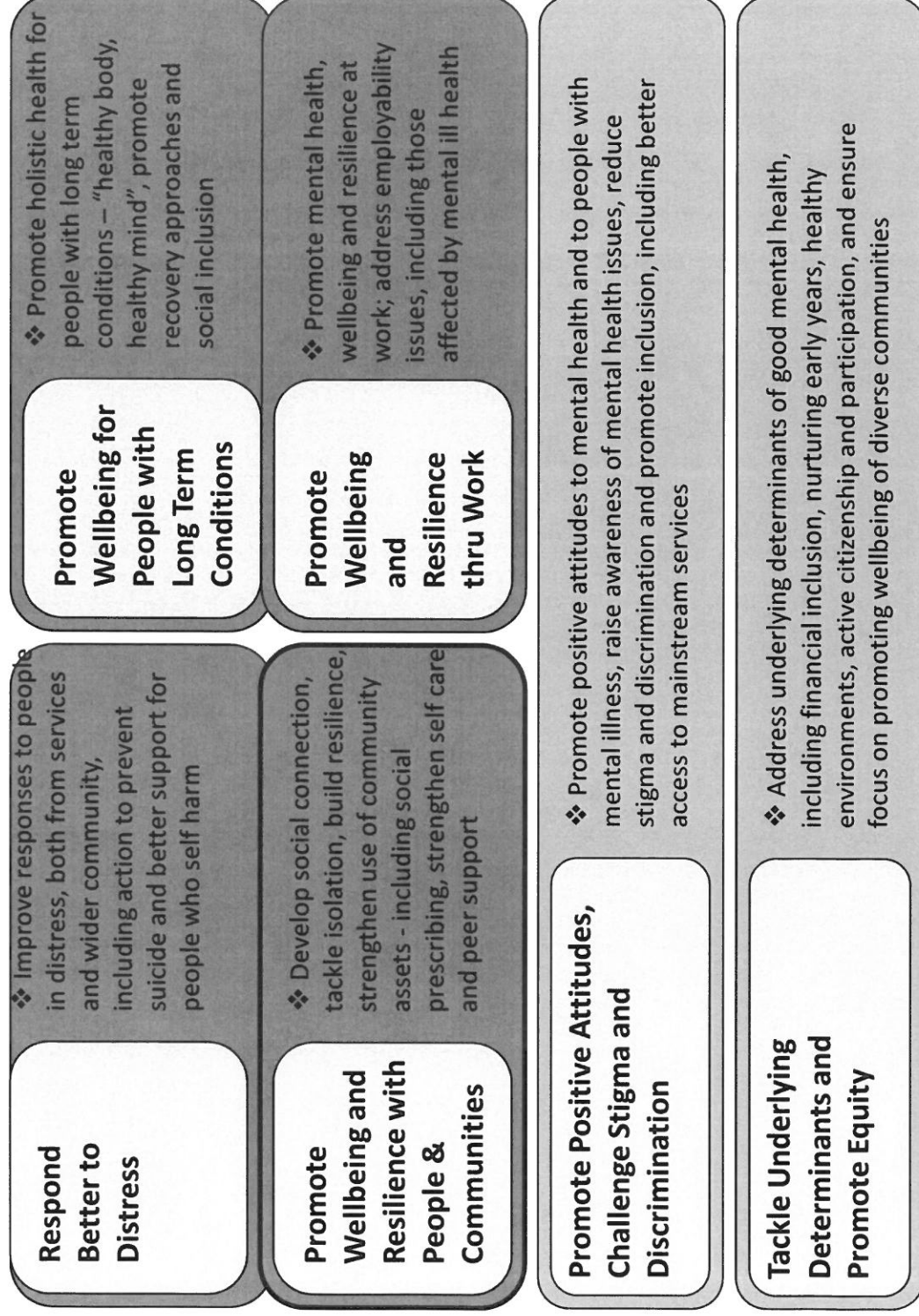
Frontline staff in many agencies are confident and supported to intervene and help children and young people in situations of distress, including self harm and risk of suicide

Peer Help & Social Media

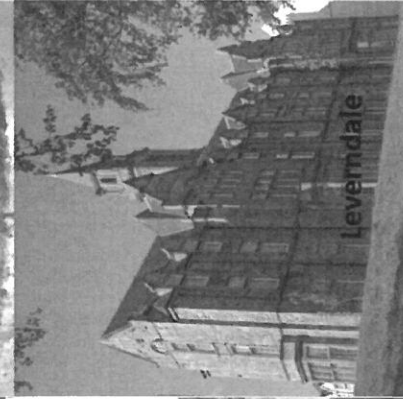
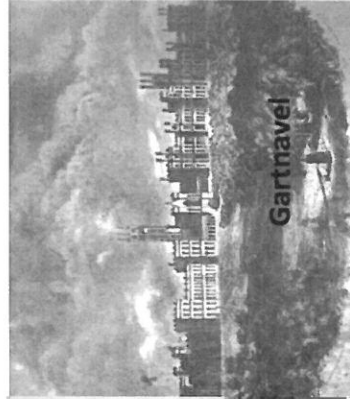
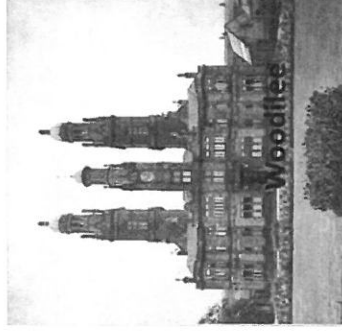
Those who share their problems enjoy better mental health - build opportunities for young people to provide peer support, and to use social media for wellbeing

This strategy is underpinned by tackling poverty, disadvantage & inequalities as well as having GIRFEC core values and principles at the heart of it

Healthy Minds – Adult Mental Health Improvement Framework, Greater Glasgow and Clyde



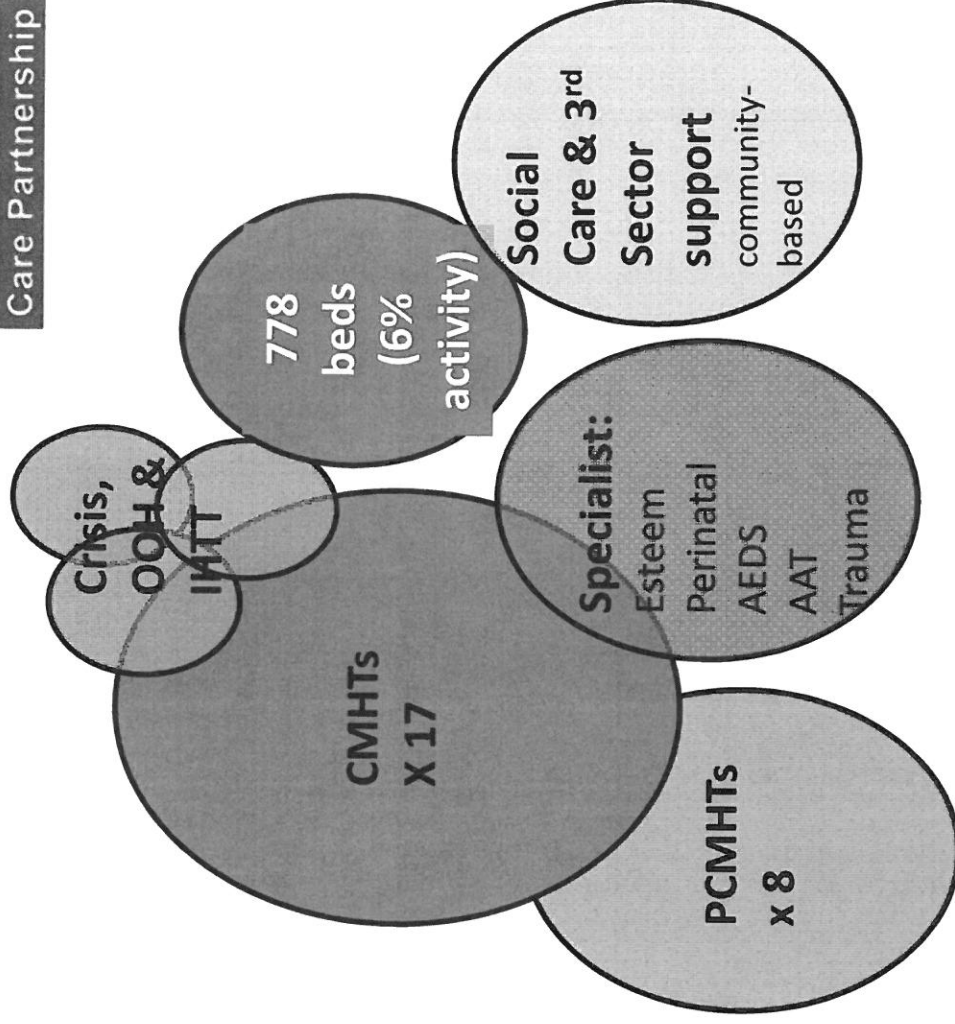
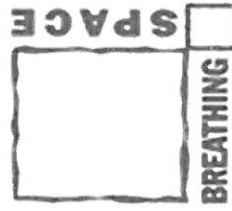
1978



Consultant-
led
outpatient
clinics

5,000 GG&C
inpatient
beds

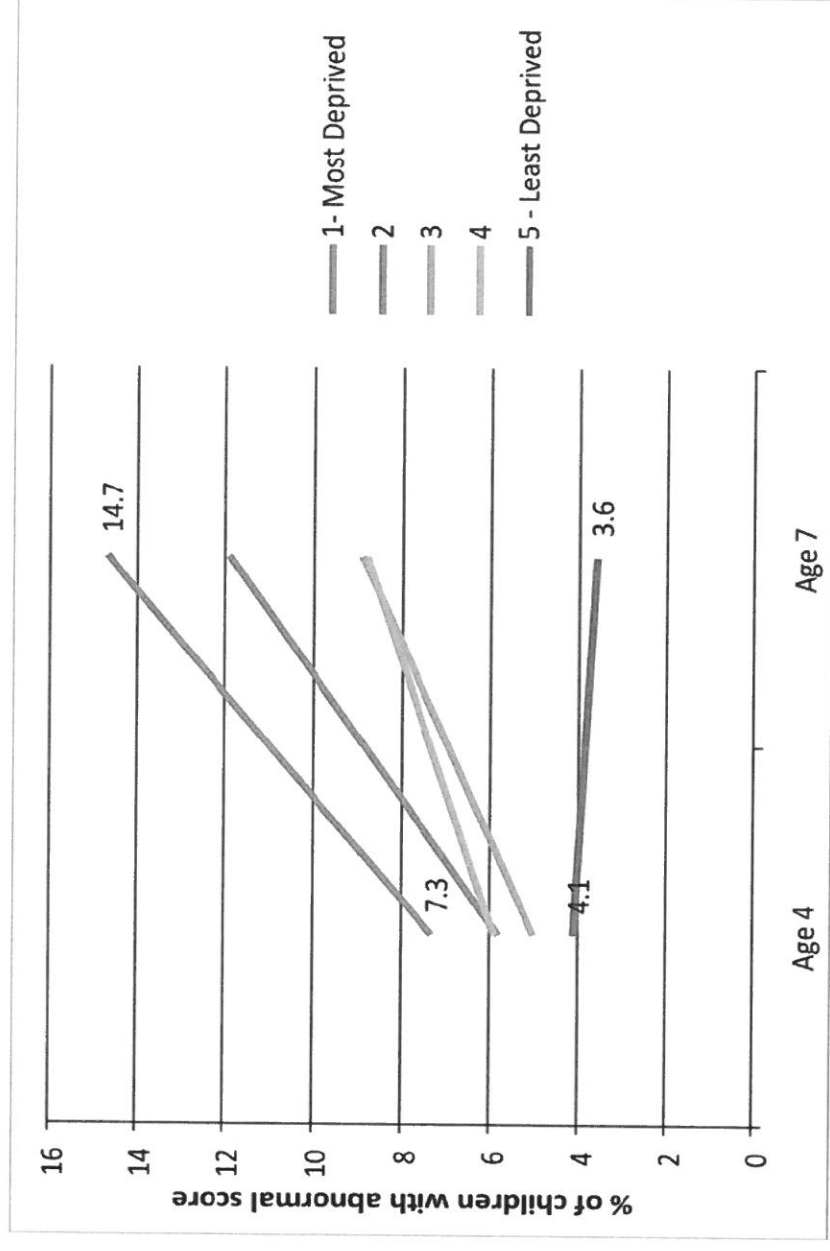
2018



GG&C 5 year Mental Health Strategy chapters

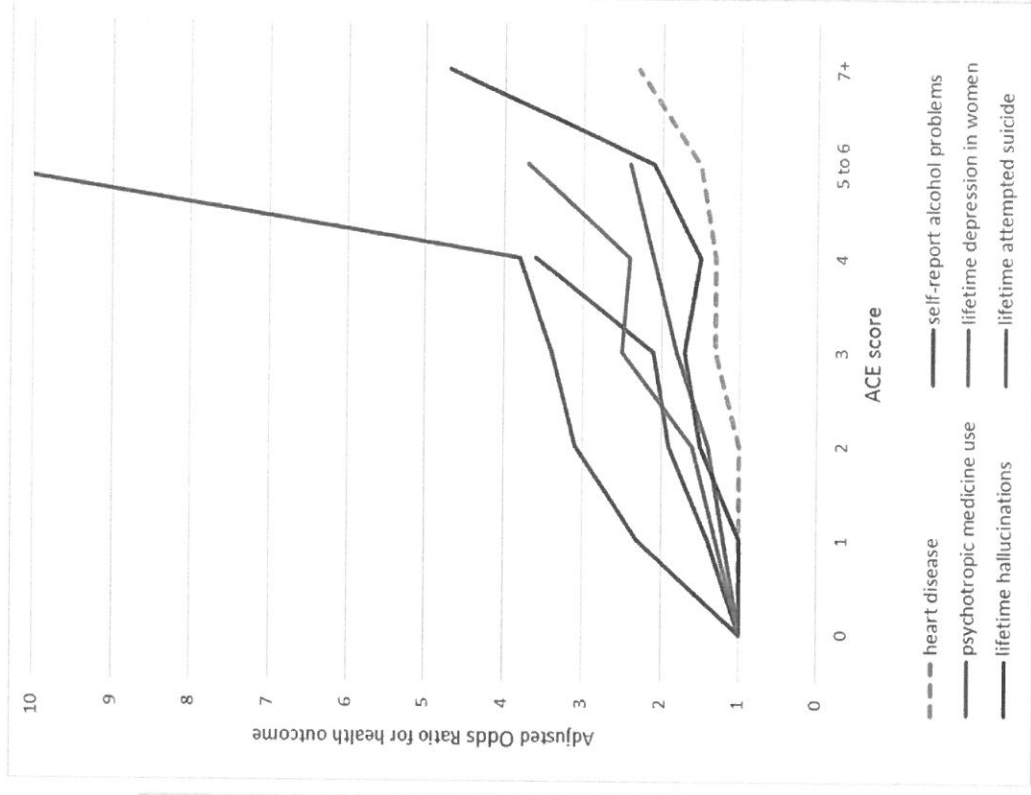
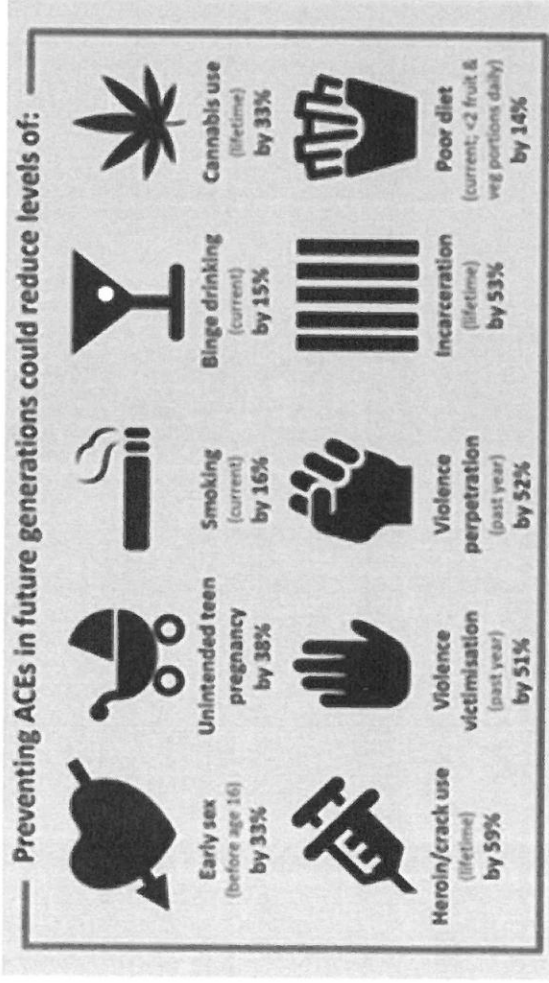
1. Overview
2. Prevention
3. Recovery
4. Unscheduled care
5. Community
6. Inpatient beds
7. Users and Carers
8. Workforce
9. Finance
10. Risks and governance

Prevention



- 50% of adult MH problems have begun by 15y
- 75% of adult MH problems have begun by 18y

Prevention: ACEs



– partnership approach

- Partnership initiatives underway across the HSCP / CPP to improve child and youth mental health
- Children, young people and their families need wide range of support and service options as well as prevention and education work
- “One Good Adult” approach – e.g. training youth workers, sports coaches, advice workers, peer supporters
- Range of support services linking to school and youth settings, curriculum-based inputs on wellbeing, school ethos and anti-bullying initiatives

Recovery Oriented Mental Health Services

Clinical

- Reducing symptoms
- Problems are identified and treatments chosen by professionals – “on top”
- Direction

Recovery

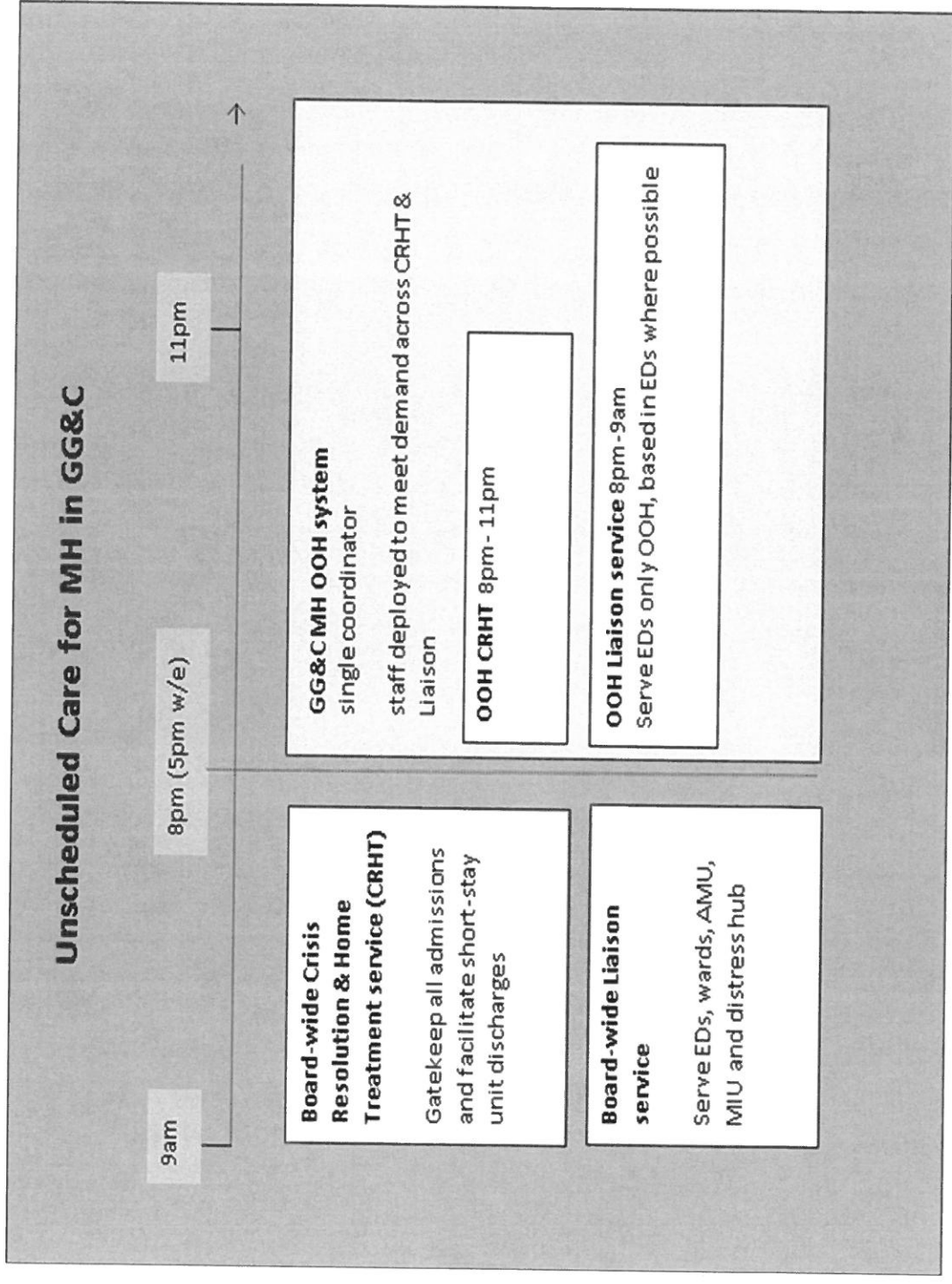
- Supports people to achieve their goals and ambitions
- Staff become coaches who help people find their own solutions
- – “on tap”
- Co-production


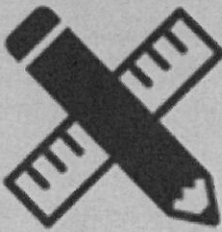


- Recovery communities
- Recovery hubs
- Recovery College
- Peer support

Community

- Productivity and Quality Improvement for CMHTs and specialist teams
 - Manage a 3% increase in demand each year
 - Working with a reduced bed base
 - Matched care: “all the care you need, but no more”
 - Flow: “Easy in, easy out”; supported recovery pathways
 - Development of interventions to promote and support self management
 - Extending access to psychological therapies
 - Developing and embedding recovery oriented system of care

Unscheduled Care



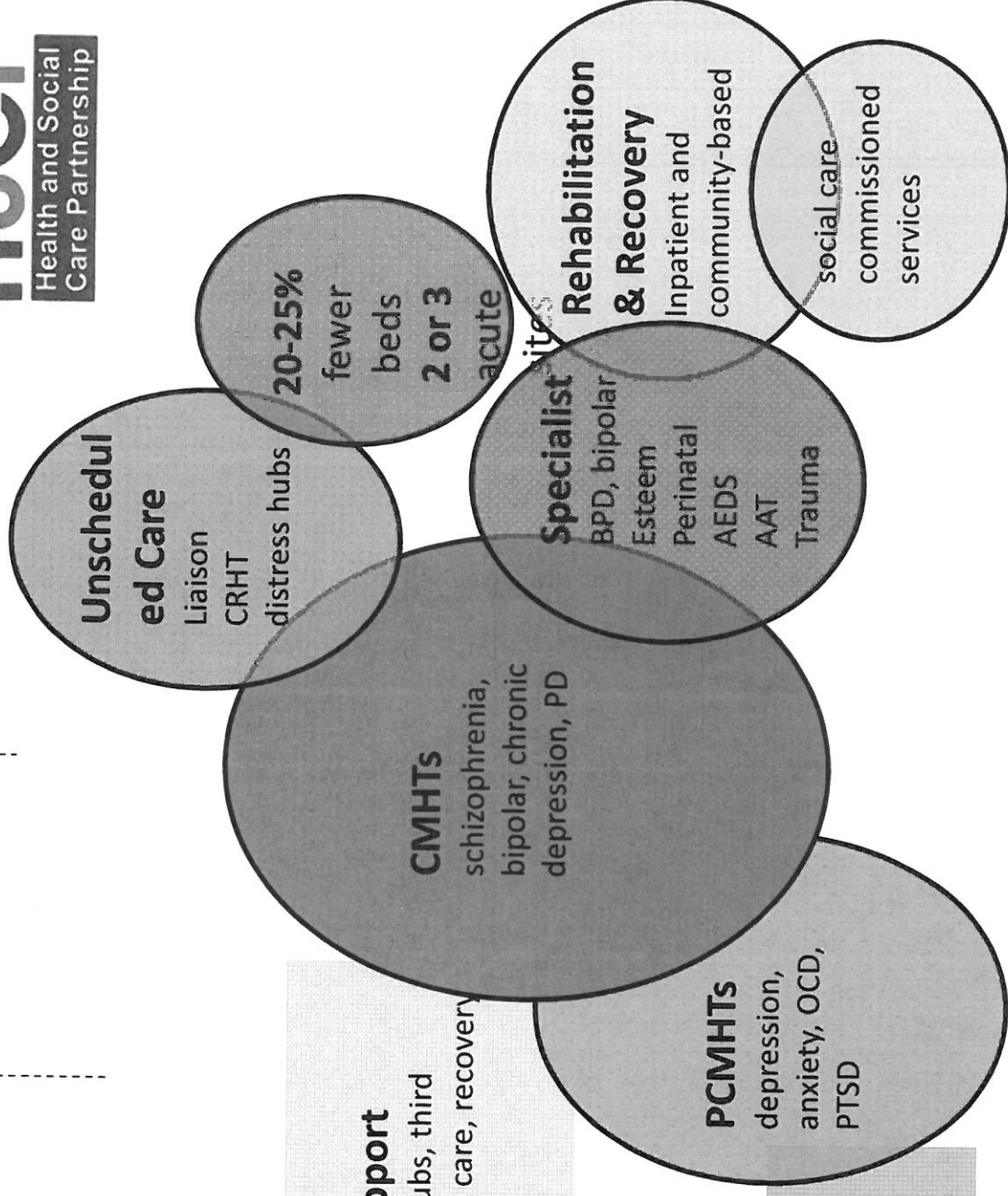
balance of care		Reduce inpatient beds and invest in alternative forms of health and social care
Productivity: specialisation & matched care		Enhance capacity in CMHTs, PCMHs Extend role of specialist teams Rationalise, consolidate unscheduled care
Transformational		Task & Resource Shifting: recovery-oriented models of care Quality Improvement: BPD, bipolar disorder Culture change: compassionate, trauma-sensitive care
Prevention		Focussed investment in early years, conduct disorder, bullying, ACE reduction

→ 2023

open access GP referral 2^o care referral

**Recovery, ACEs,
Carer & Primary Care support**
MH link workers, GPs, distress hubs, third
sector support, trauma-sensitive care, recovery
Colleges, peer support

Prevention, ACE reduction:
HSCPs, Education, Health Scotland &
partners



Development Opportunities

- Action 15 investment
- New initiatives supporting primary care, enabling primary care response to lower level mental health needs
- Responding to distress and people experiencing trauma differently – Police; Prison; Criminal Justice; Housing
- Continuing to progress workforce development across multiple partners for mental health awareness and informed responses
- Community responses to promoting mental wellbeing and supporting recovery, including social prescribing

For consideration

- Forum for enabling initiatives and developments; cohesion
- Linkage with existing partnerships – Community Justice; ADP
- Mental Health Inequalities strategy